



What's your leadership style?

A face reading will guide you through your own unique facial features, helping you understand yourself and those around you better.

Most people have more than one dominant element, which is great, it gives us our unique traits and quirks that make up our personality. By understanding your element, you gain an insight into how and why you and your co-workers respond to certain situations.

Take notes regarding your strengths and weaknesses, in both in yourself and your team, so you can create a harmonious stress free work environment.

Wood Element:

How to recognise the wood leader:

A well defined, strong jaw provides a strong platform for the rising wood energy. With a narrow chin and a deep groove between the upper lip and nose (deep philtrum), the wood leader usually has a tall forehead and eyes that appear to be halfway up the head. They often have a long face.



This type of leader is able to help encourage others through their popular and social personality. They are full of energy and have a good, often witty sense of humour. Wood leaders can be really creative, helping to solve business dilemmas that others would struggle with. With great flexibility and a love of multi-tasking, wood leaders take on and complete the extra jobs that need to get done! Really great at sales and team building

Challenge: When a Wood type personality gets mad, boy do they get mad. The Wood leader's key challenge is learning how to express their innate anger appropriately and constructively.

Fire Element

How to recognise the fire leader:

With round full cheeks, large, radiant eyes and a readiness to blush, the fire person often has a triangle shaped face.



The Fire leader is exciting to be around but is also usually the drama queen in the office. Fire leaders love to be the life of the office, and are very comfortable with self promotion. They are persuasive and convincing making them really great in advertising and marketing.

Challenges: Fire leaders are reactive in business, often times struggling with organisation and planning, leading them to be inconsistent.

Earth Element:

How to recognise the earth leader:

The earth face has a wide jaw and a generous mouth with a square shaped face. The strongest part of the face is the mouth and lower cheeks. A well formed chin which may have a horizontal crease running across the chin is common in the earth element.



The earth leader is the compassionate leader - the kind of leader who always thinks about and shows concern for their employees / co-workers. They believe in the motto that 'everyone should get along.'

They like for their workplaces to feel like a home away from home. They like to celebrate birthdays and achievements along the way. They are really good in human resources, training and customer service

Challenges: Earth leaders are worry-worts. They often take on too much and try to be super accommodating, leading to exhaustion and over-extending themselves. As they are so eager to please and find it so hard to say no, they say yes even when they have doubts about being able to do it. This leads to them often

finding themselves in a cycle of worry and confusion. Earth people need to learn to set boundaries for themselves.

Metal Element

How to recognise the metal leader:

The metal shaped face looks contained, dignified and somewhat expressionless. Typically emphasised by deep eyes and flat cheeks, metal people have more bony features. Their small ears lie close to the head and have tight folds that hide some of the ear.



A metal leader is a serious leader - with the least amount of flexibility, they are the police of the office. They like to enforce policy and procedures and are very methodical, but through this, are often the backbone of any organisation. Great in roles such as IT, security, accounting and banking.

Challenge: Resistant to change and an unwillingness to socialise often make metal leaders seem unapproachable and cold.

Water Element

How to recognise the water leader:

People with a soft, round face are compared to the element of water. They often have deep-set eyes, a wide, deep philtrum and thin expressive eyebrows. They have a sensual mouth and eyes that twinkle.



The water leader is the forward thinking forecaster. They are the specialists in their chosen area and have experienced many life lessons bringing a plethora of experience and knowledge to their role. Similar to the wise owl in the woods, people often turn to water leaders for guidance and understanding. Water leaders like to percolate and digest information before they react, making them great at counselling. Delegation is the key for this type to function their best; they strive to manipulate results for maximum productivity and success.

Challenge: Water leaders tend to express their opinions as if they are the only correct ones and nobody can possibly argue against them.