

HOW CORONAVIRUS SPREADS

Important facts to know.

AIRBORNE TRANSMISSON



Wear a mask.

The virus can live in the air for up to three hours, it can also get into your lungs if someone breathes it out.

SURFACE AND OBJECT TRANSMISSON



Wash your hands.

The virus can life on surfaces and objects made of plastic and stainless steel for up to 3 days. Always make sure to disinfect all surfaces and objects that may be infected and wash your hands with soap or hand sanitizer.

PETS AND COVID-19



Pets can get covid-19 too.

Studies have shown that certain pets can have covid-19 symptoms. Cats are mainly at risk, to limit the risk, keep your cat indoors at all times out of contact with other cats. Although it is not yet known if cats can transmit the virus to humans, it's better to be safe than sorry.

CONTACT WITH PEOPLE



Limit contact with people.

Try and limit your contact with people that are not in your immediate circle. Limit large gatherings and try to stay at home as much as possible. If you are symptomatic stay home and quarantine for 2 weeks. If symptoms worsen seek medical help.