

# PET/CT : van fysica en chemie naar moleculaire beeldvorming en behandelingen

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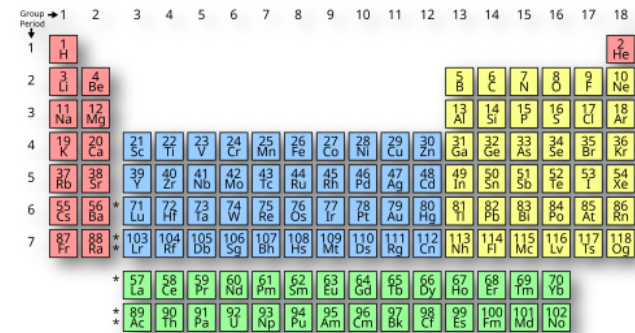
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Nijmegen, The Netherlands

1

## Nuclear Medicine

Medical specialty that uses **open, radioactive sources** for **imaging and treatment**



2

## Nuclear Medicine

### Imaging

- $\gamma$  (~100-400 keV) → single photon emission computed tomography (SPECT)
- $\beta^+$  (511 keV) → positron emission computed tomography (PET)

### Treatment

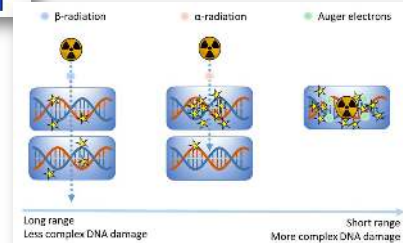
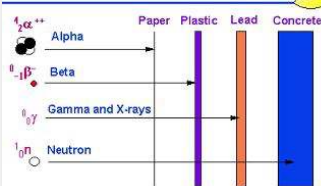
- $\beta^-$  (electron)
- $\alpha$  (helium nucleus)
- Auger (electron)

**NUCLEAR MEDICINE = DIAGNOSIS + THERAPY = THERANOSTICS**

3

## Therapy : inducing DNA damage

### Penetrating Distances



4

### The theranostics principle in nuclear medicine



Image adapted from: Yordanova A et al. Oncotargets and Ther. 2017;10:4821-4828.

5

### The theranostics principle in nuclear medicine

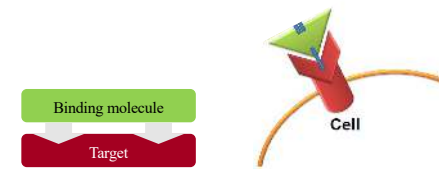


Image adapted from: Yordanova A et al. Oncotargets and Ther. 2017;10:4821-4828.

6

### The theranostics principle in nuclear medicine

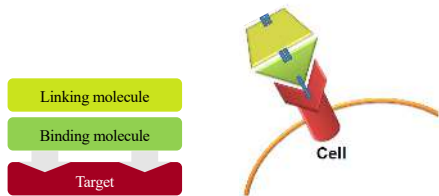


Image adapted from: Yordanova A et al. Oncotargets and Ther. 2017;10:4821-4828.

7

### The theranostics principle in nuclear medicine

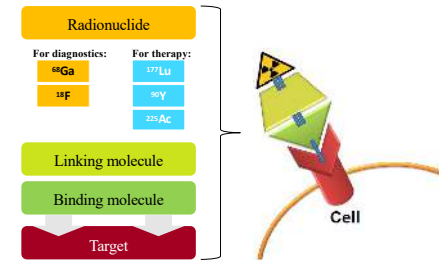


Image adapted from: Yordanova A et al. Oncotargets and Ther. 2017;10:4821-4828.

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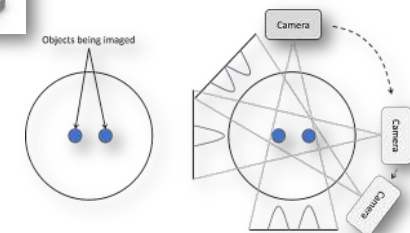
## Nuclear Medicine

**Imaging function, physiology and target expression in almost every organ system or disease entity:**  
bone, heart, lungs, brain, thyroid, lymphatics, kidneys, lungs, liver, pancreas, GI, cancer, infection/inflammation

**Selective, personalized treatment of benign and malignant conditions:**  
cancer, hyperthyroidism, inflamed joints

9

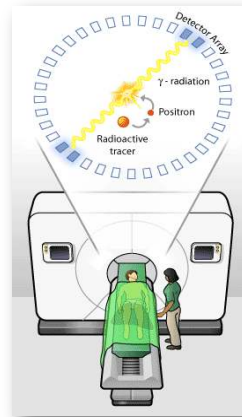
## SPECT



1. Camera rotates around the objects taking 1D images

10

## PET



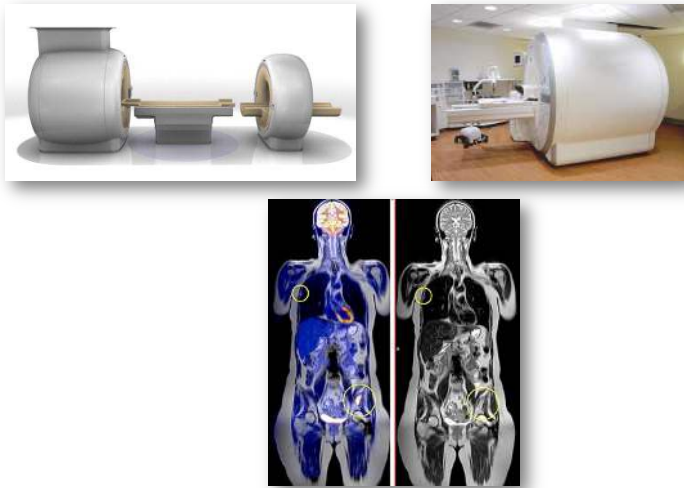
11

## Combined molecular and anatomical imaging



12

### Combined molecular and anatomical imaging



13

### The imaging landscape

Cross-sectional imaging is *multimodal* (CT, MRI, SPECT, PET)

Knowledge of *anatomy* and *physiology* and *pathology* (and *immunology*, *molecular biology*, *genetics* and ...)

Understand *strengths*, *weaknesses* and *complementarity*

*Always* consider and understand the clinical question or dilemma and *answer the question*

*Appropriate use* :  
more imaging  $\neq$  better, but insufficient imaging = worse

*Last, but not least* : use radiation consciously and wisely

14

Nuclear imaging

Targeted radionuclide therapy

Scintigraphy

Targeted molecular radiotherapy

SPECT

Systemic radiotherapy

Molecular imaging

Radioligand therapy

PET

Precision imaging

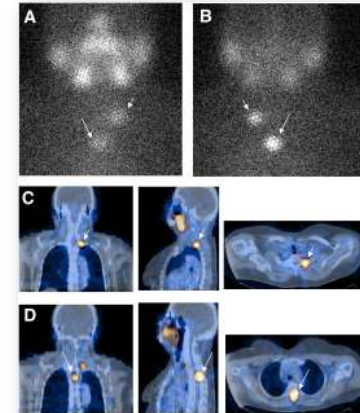
Personalized radiotherapy

15

### When Molecular Imaging still was Nuclear Medicine ...



Saul Hertz 1940




Spanu et al. JNM 2009

16

**Focus on oncology - imaging**

**“Modern imaging techniques detect, delineate and characterize lesions for tailored clinical management of individual patients” (1992)**



**Henry N. Wagner Jr. (1927–2012)**

17

**Molecular Imaging**

*Discovery (radiochemistry)*


*Preclinical development (biology)*

*Translation (radiopharmacy)*

*Early clinical studies (nuclear medicine)*

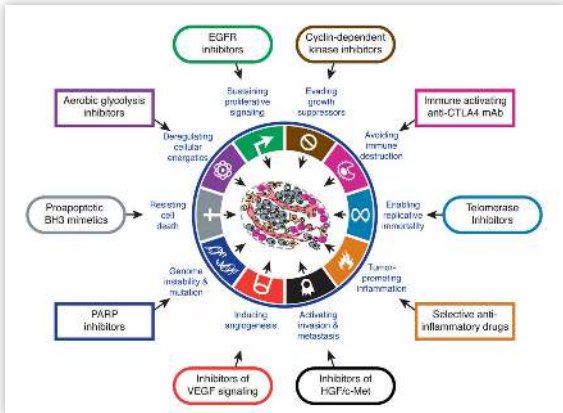
*Large(r) scale clinical studies (clinic)*

*Guidelines / Clinical Practice (policy)*



18

**Hallmarks of Cancer**




*Hanahan & Weinberg 2011*

19

**Molecular Imaging**

**Yesterday’s Challenges, Today’s Practice  
- implementation -**

**Today’s Challenges, Tomorrow’s Practice  
- translation -**



20

## Potential impact of cancer imaging

- Staging
- Tumor delineation
- Characterization of tumors
  - prognostic biomarkers
  - features indicating radioresistance
  - heterogeneity (intra & intertumoral)
- Therapy response monitoring and prediction
  - predictive biomarkers
  - early adaptation of ineffective treatment
  - interactions in multi-modality treatment
- Follow-up / Relapse detection

21

## Why Molecular Imaging

- Presence of the target : *is it there ?*
- Heterogeneity of expression : *is it on all lesions ?*
- Accessibility of the target : *does the drug reach it ?*
- Dose dependency : *how much drug is needed ?*
- Modulation of the target : *does expression change ?*
- Drug interactions : *impact of combination therapy ?*

22

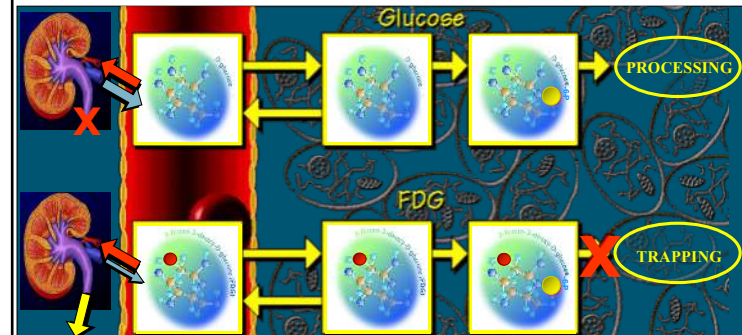
## Pivotal Questions

~~Descriptive statistics (sensitivity / specificity)~~

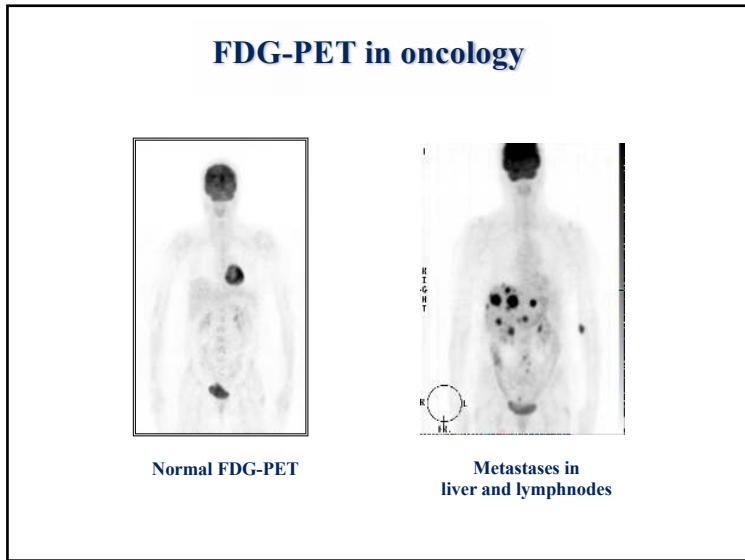
- Impact on patient management
- Impact on patient outcome
- Impact on patient quality of life
- Impact on costs of healthcare

23

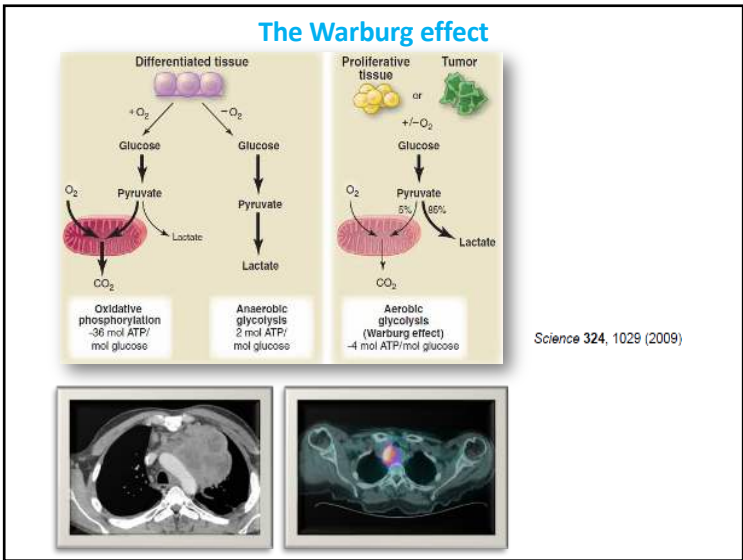
## [<sup>18</sup>F]-Fluoro-deoxyglucose (FDG) the most important PET-radiopharmaceutical



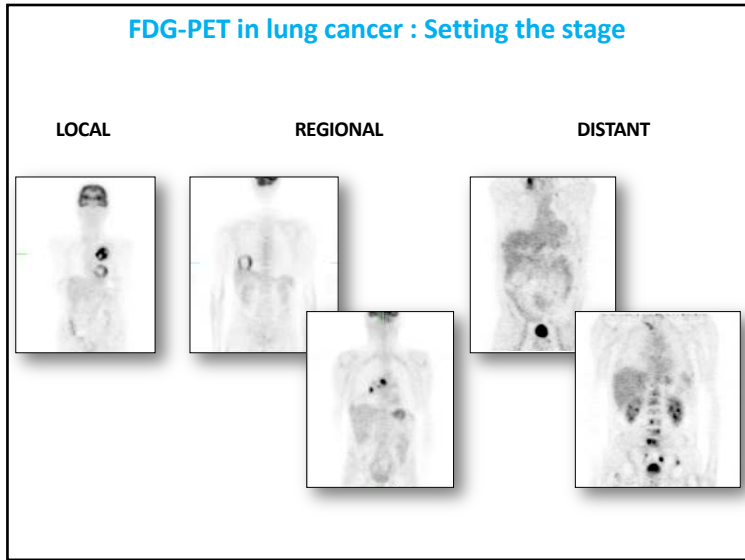
24



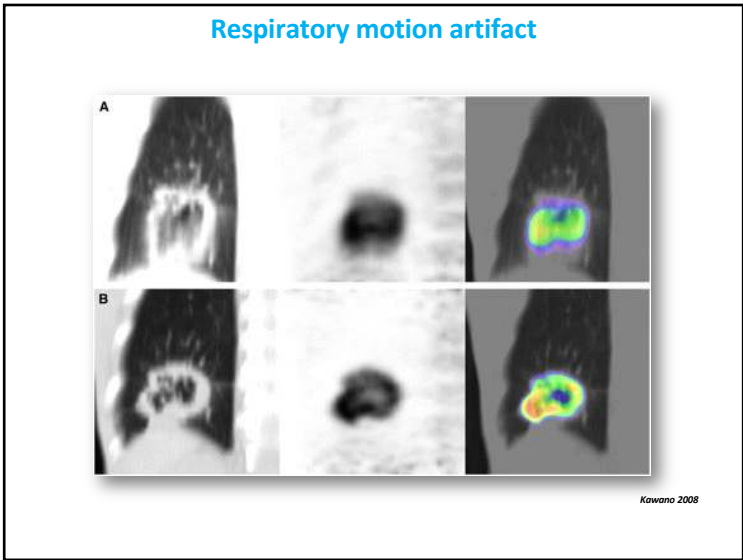
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26

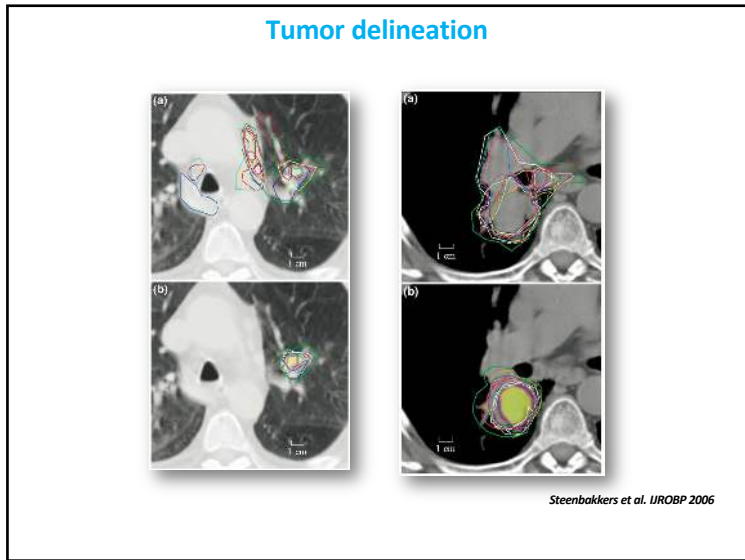


27

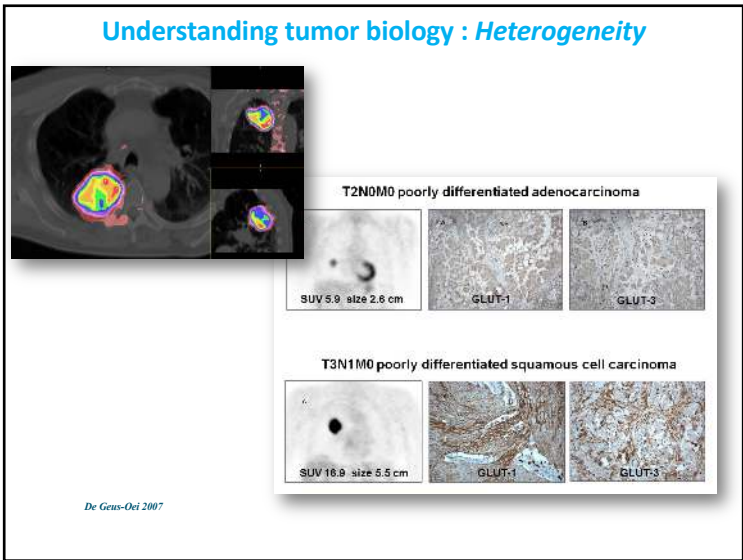


28

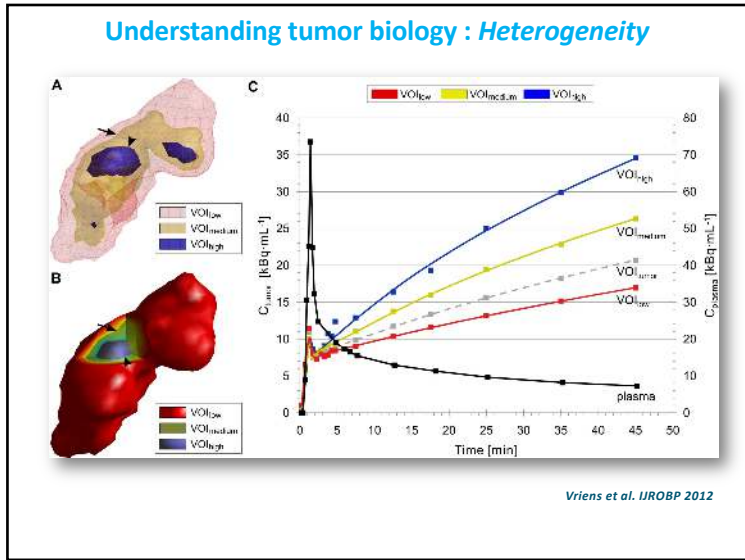




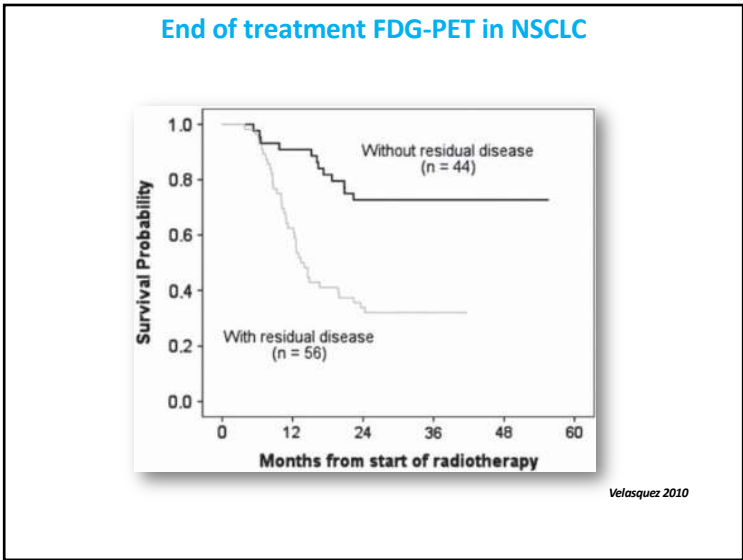
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30



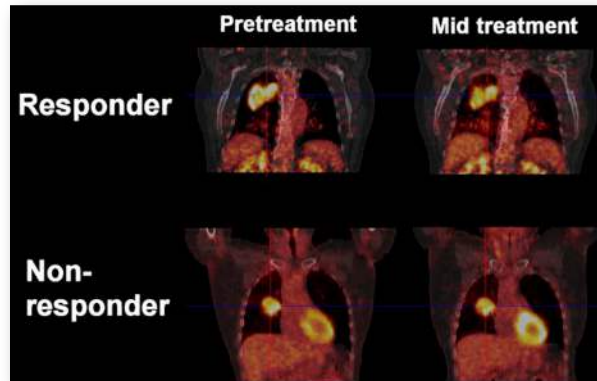
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32



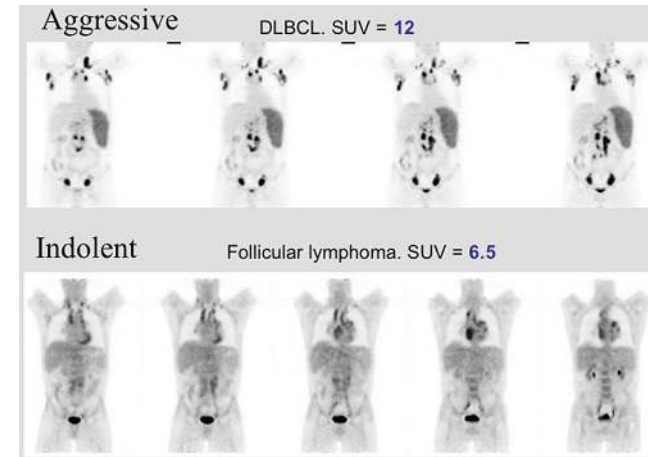
### Early FDG-PET during radiotherapy in NSCLC



Van Elmpt JNM 2012; 53: 1514-1520

33

### FDG-PET/CT in malignant lymphoma



34

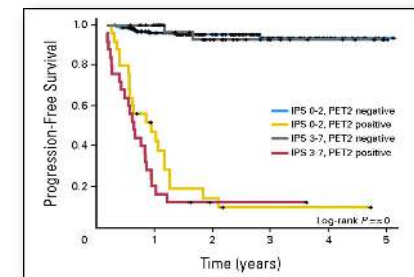
### Assets of FDG-PET/CT

- FDG-PET more sensitive and specific than CT
  - positive nodes of normal size, negative enlarged nodes
  - organ localizations (liver, spleen)
  - bone marrow involvement (replacement of biospy in HD, DLBCL)
- Reclassification of stage in ~20% of patients (10-50%) (upstaging > downstaging)
- Early response assessment
- Follow-up after end of treatment

35

### Prognostic superiority of early interim FDG-PET in advanced HL

Progression-free survival according to IPS and PET after two cycles of ABVD (doxorubicin, bleomycin, vinblastine, and dacarbazine)



Gallamini, A. et al. J Clin Oncol 2007; 25:3746-3752

36

### Reduce if possible, intensify if needed

- A substantial number of patients are not cured with standard therapy  
→ change / intensification / combination of therapy might improve outcome
- Late treatment related morbidity and mortality especially after combination chemoradiation  
→ reduce therapy without compromising outcome
- Individualized patient management strategies  
→ risk adapted  
→ response adapted

37

### Modified Deauville Criteria (2009 and following)

#### DEVELOPED FOR INTERIM PET/CT

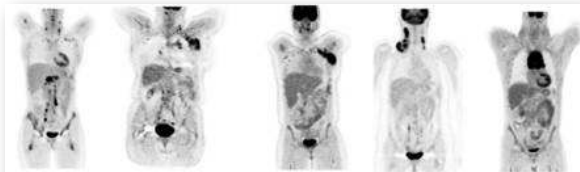
- 1 : No uptake above background
  - 2 : Uptake  $\leq$  mediastinum
  - 3 : Uptake  $>$  mediastinum but  $\leq$  liver
  - 4 : Uptake moderately increased compared to the liver at any site
  - 5 : Uptake markedly increased compared to the liver at any site
- X : New areas of uptake unlikely to be related to lymphoma



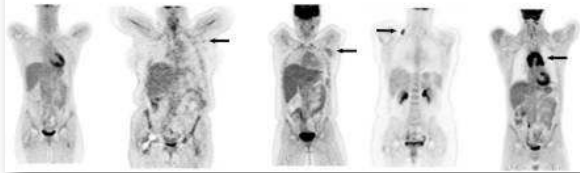
38

### Deauville Score

Staging



Response



1 2 3 4 5

*Barrington et al. EJNMI 2017; 44(Suppl 1): 97-110*

39

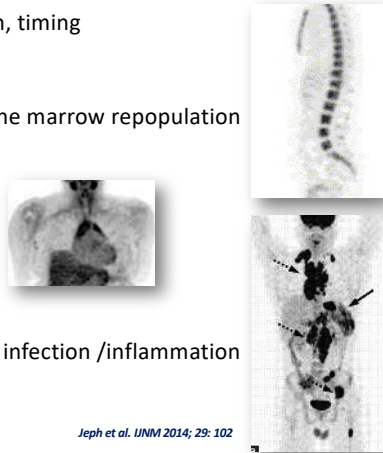
### Modified Deauville Criteria (2009 and following)

- Deauville score 1&2 → negative
- Deauville score 4&5 → positive
- Deauville score 3 usually indicates good prognosis with standard treatment → consider with clinical context
- Consider verification biopsy when second-line therapy is considered (exclude false positive FDG-uptake)

40

### Pitfalls and caveats

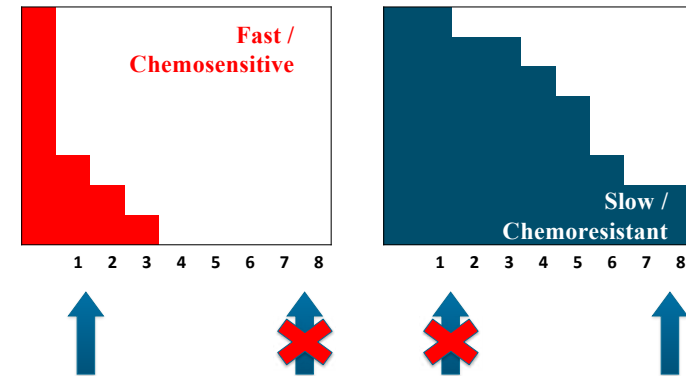
- Impact of patient preparation, timing and scanning protocols
  - Growth factors and bone marrow repopulation
- Treatment induced changes (thymus, inflammation)
  - Active infection /inflammation



Jeph et al. *LINM* 2014; 29: 102

41

### Timing of imaging response



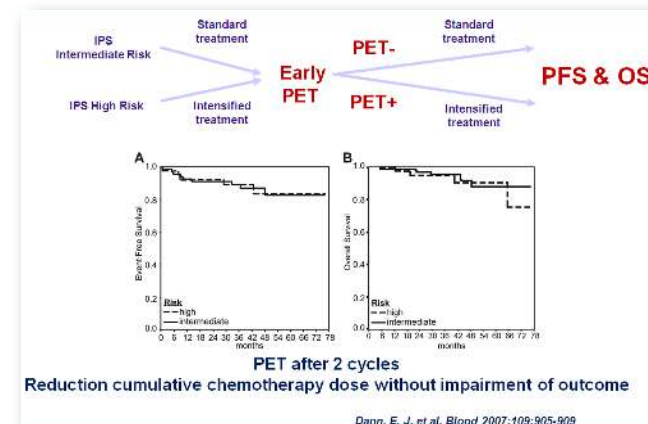
42

### Focus of clinical trials

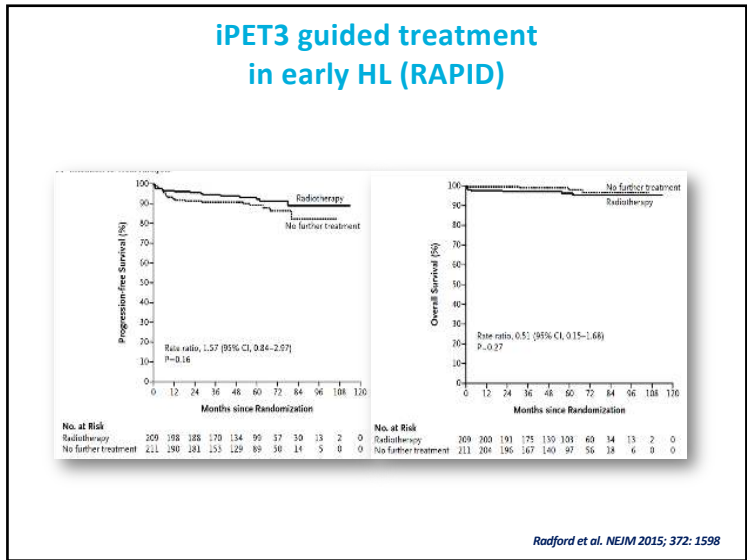
- **De-escalation strategies**
  - Decrease the number of chemotherapy cycles
  - Omitting bleomycin
  - Switching to less potent chemotherapy
- **Limiting or omitting radiotherapy**
- **Criteria for escalating to more potent chemotherapy:**
  - which patients ?
  - when ?

43

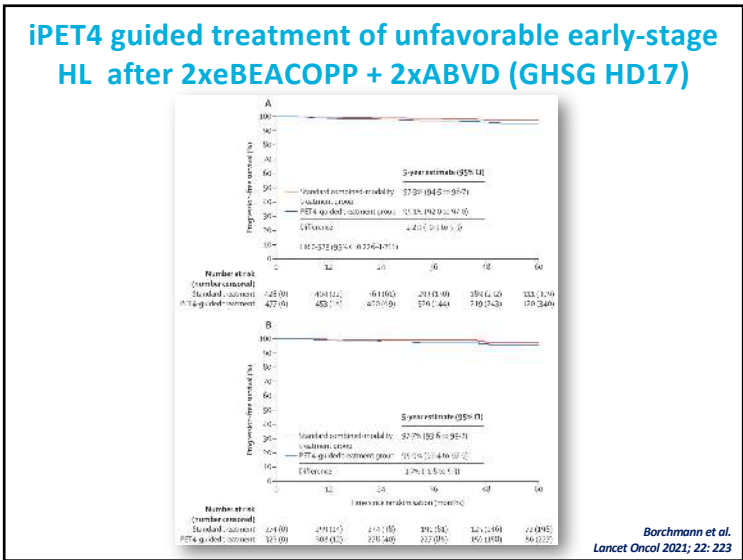
### iPET2 / Ga-67 risk-adapted treatment of early unfavorable and advanced HL



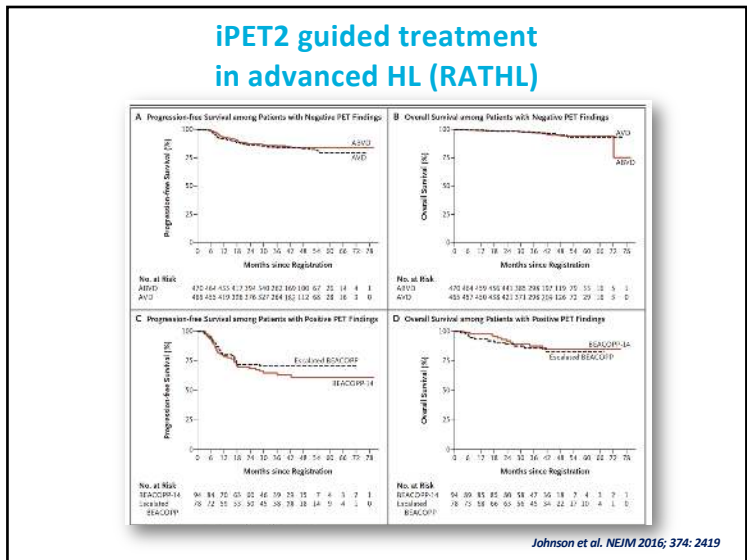
44



45



46



47

### Evidence in advanced HL

**“A change to the treatment paradigm is appropriate”**

*iPET-adapted treatment approach after 2 ABVD should become the standard of care for all patients*

- Positive iPET2 ABVD → (e)BEACOPP (?)
- Negative iPET2 ABVD → stop bleomycin
- Higher IPS and more advanced stage : lower NPV of a iPET2 [-] ABVD, not of iPET2 [-] eBEACOPP
- iPET2 [-] : 4 = 6 eBEACOPP
- iPET2 [+] D5 : higher risk of treatment failure, ABVD → eBEACOPP not sufficient.

*Anitai et al. Acta Oncologica 2018; 57:765*

48

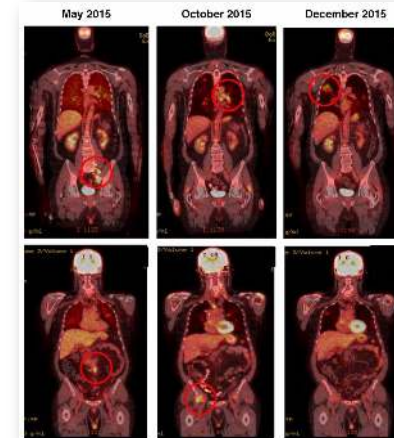
## Role of iPET in NHL

- an effective predictive biomarker (DLBCL), but not accepted as standard of care : prediction of treatment success not sufficient for treatment modification (no availability of more effective therapies for iPET [+] patients)
- Inconsistencies in timing of iPET, therapeutic regimen, and/or PET reporting criteria (DS, IHP, SUV).
- metabolic CR : 15%-20% DLBCL and almost all FL will relapse.
- False[+] due to inflammation and tumor necrosis.
- iPET is better than iCT to predict prognosis and to exclude progression.
- changing of standard treatment on iPET is NOT recommended, unless clear evidence of progression.

Barrington *et al. Lancet Haematol* 2021; 8: e80  
 Cheson *SNM* 2018; 48: 76  
 Zijlstra *et al. Hematologica* 2016; 101: 1279

49

## Immunotherapy in HD - pseudoprogression on nivolumab -



Cheson *et al. Blood* 2016; 128: 2489

50

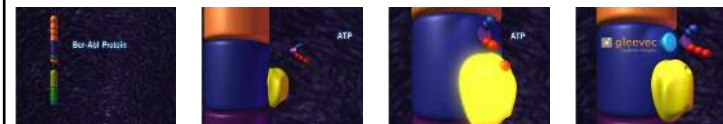
## FDG-PET/CT in lymphoma

- FDG-PET/CT provides important clinically relevant information before, during and after treatment for malignant lymphoma
- Malignant lymphoma is by far the most advanced field in oncology, utilizing PET-driven changes in systemic treatment of cancer
- Body of evidence is largest in Hodgkin's lymphoma, NHL still rather scattered landscape
- On-going trials based on FDG-PET/CT that will answer important clinical questions

51

## Monitoring of disease activity after systemic treatment with FDG-PET

Therapy with signal transduction modifiers:  
 → role model : imatinib treatment of GIST



- imatinib inhibits proliferation and induces apoptosis in GIST cells, which express an activating c-kit mutation
- **Kit receptor signaling regulates glucose uptake as well as glucose metabolism (strong decrease of hexokinase and glucose-6-phosphate 1-dehydrogenase activity) → FDG-PET**

52

### What you see is what you get

Pretreatment

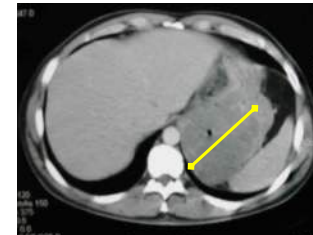


12 wks Imatinib



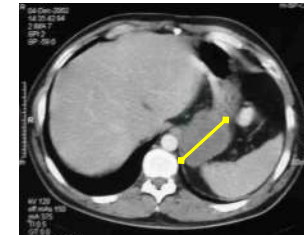
53

### RECIST ?



#### • Unidimensional

- CR
- PR > 30% decrease
- SD
- PD > 20% increase



#### • Tumor volume

- CR
- PR > 66% decrease
- SD
- PD > 73% increase

54

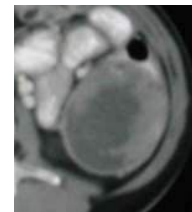
### Targeted anticancer drugs in GIST

- Size reduction is late sign of response in GIST treated with Imatinib
- Increase in lesion size in responders due to therapy-associated hemorrhage or myxoid degeneration
- Clinical benefit in patients without major volume reduction

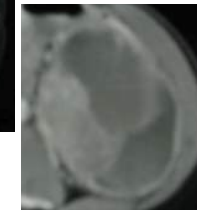
55

### Beyond RECIST ?

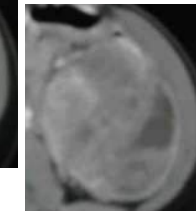
Pretreatment



8 wks Imatinib



16 wks Imatinib



- Analysis of tumor size and density (HU) on CT
- Decrease in tumor size of more than 10% or a decrease in tumor density of more than 15%

*Choi et al. JCO 2007; 25:1753-9;*

56

### Monitoring of disease activity after imatinib treatment with FDG-PET

- Very early prediction of response (days)
- Indication for effective dosing
- Costs for PET less than approx. 1 week of treatment with Gleevec
- From *morphological* to *molecular* monitoring of response to treatment

JW- 9271528

57

### FDG-PET response after 8 days of imatinib

Time to treatment failure (PD on CT) n=21

P < 0.001

PET response  
PET non response

Group 1, Group 0

*Stroobants et al. (Eur J Cancer 2003)*

58

### Imatinib-resistant GIST - relevance of exon 9 mutation -

**Predictive value of Mutation status:  
Progression-Free Survival**

KIT exon 9 mutants	
Median PFS (months)	6 / 19
3-year estimate (%)	5 / 17
P value (logrank test)	0.017

KIT exon 9 mutants: 400 mg / 800 mg  
Other patients: 400 mg / 800 mg

Van Glabbeke # 10004

59

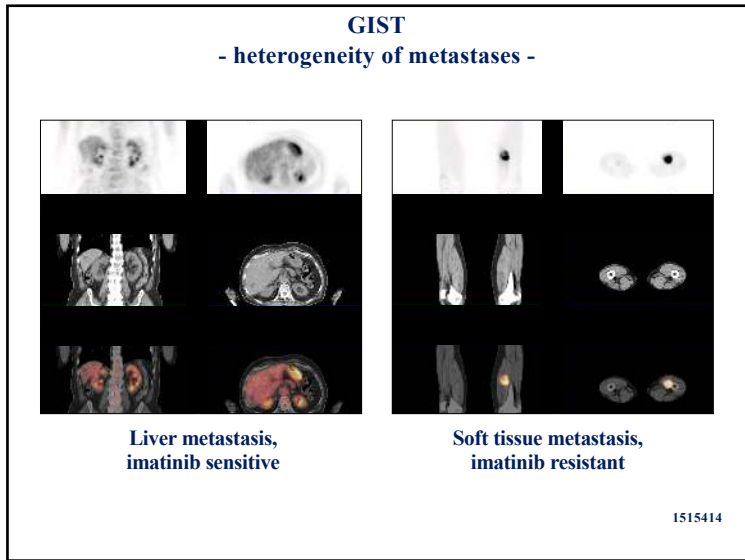
### Imatinib-resistant GIST - exon 9 mutation -

Before imatinib                      During imatinib (2 weeks)

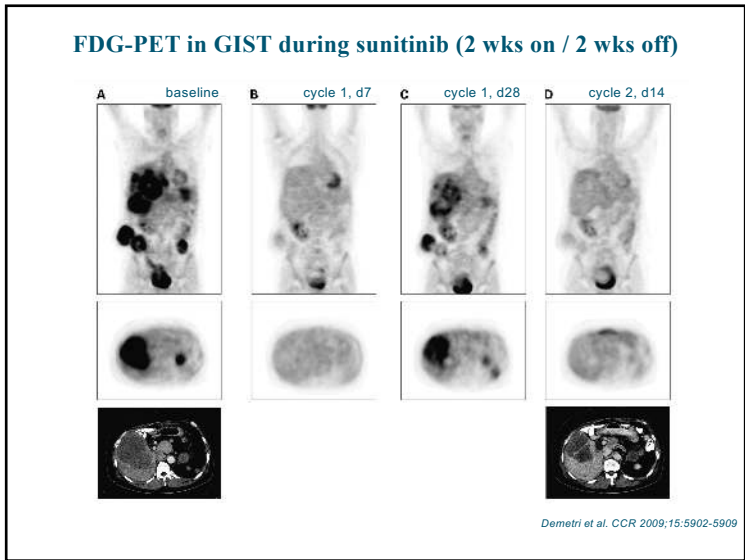
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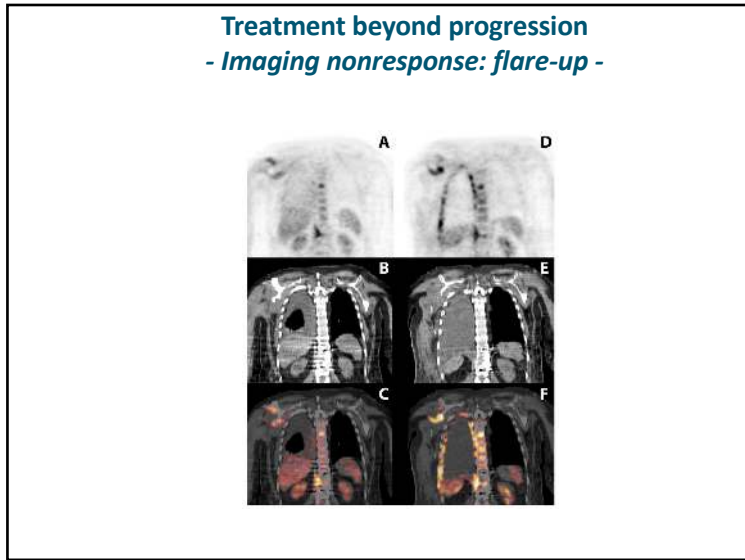




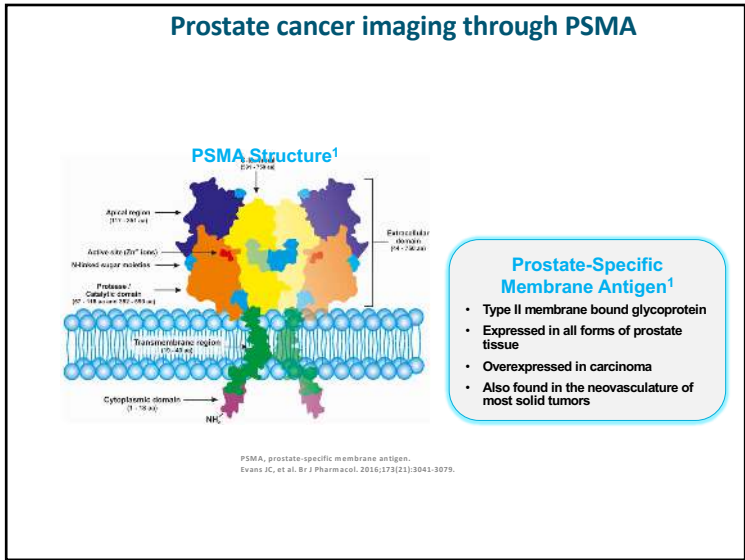
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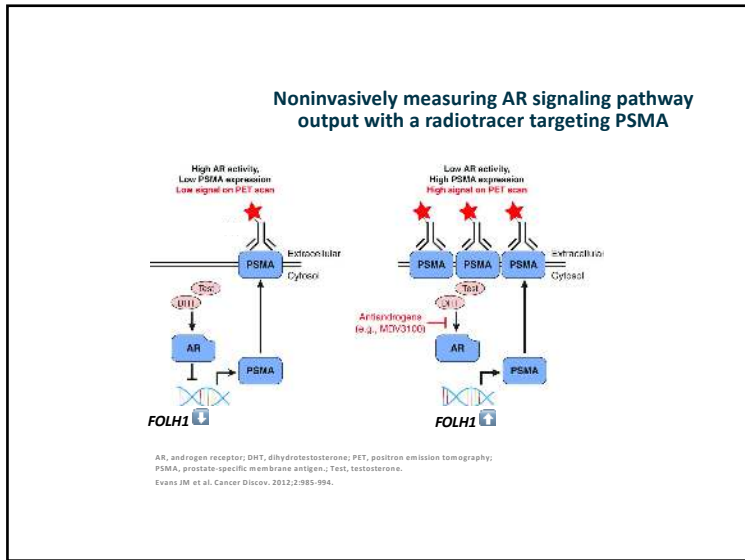
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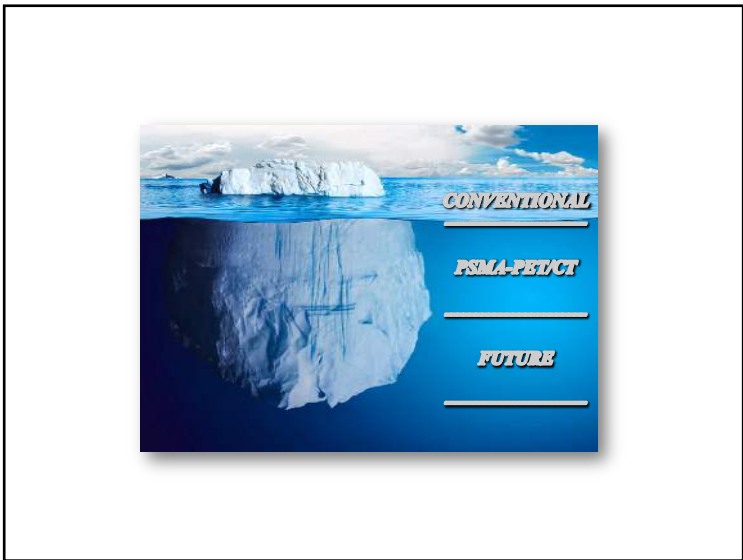
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64



65



66

### Will Rogers' phenomenon

"When the Okies left Oklahoma and moved to California, they raised the average intelligence level in both states."

67

- |                  |                |
|------------------|----------------|
| Ga-68-PSMA-11    | Ga-68-PSMA-I&T |
| F-18-DCFPyL      | Cu-64-PSMA-I&T |
| F-18-PSMA-1007   | Ga-68-THP-PSMA |
| F-18-rh-PSMA-7.3 | F-18-CTT1057   |
|                  | Tc-99m-MIP1404 |

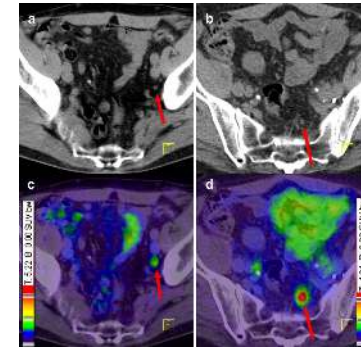
68

### PSMA-PET/CT in HSPC

#### Primary staging :

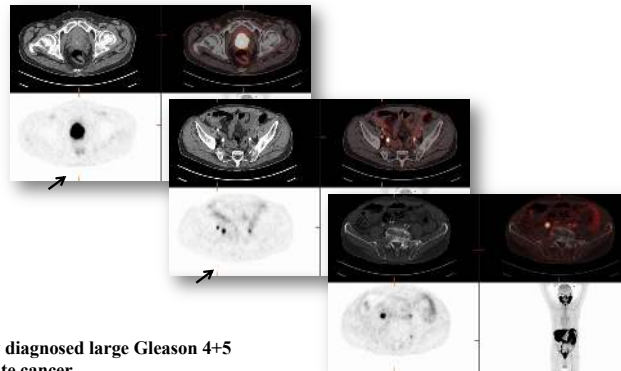
- Primary tumor : MRI leading, role PSMA-PET/CT remains to be established
- Detecting metastatic disease (upstaging from NOMO)
- Establishing more extensive metastatic disease
- Preventing invasive diagnostic procedures
- PSMA-PET/CT NOMO low likelihood of disease, but not zero (micrometastases)

69



Afshar-Oromieh et al. *ENMNI* 2015; 42:197-209

70



Newly diagnosed large Gleason 4+5 prostate cancer

PSMA-PET/CT : small right iliac node  
small bone metastasis sacrum

Change of management : include bone met the in radiotherapy plan

71

\* Definition

Low-risk	Intermediate-risk	High-risk	
PSA < 10 ng/mL	PSA 10-20 ng/mL	PSA > 20 ng/mL	any PSA
and GS < 7 (ISUP grade 1)	or GS 7 (ISUP grade 2/3)	or GS > 7 (ISUP grade 4/5)	any GS (any ISUP grade)
and cT1-2a	or cT2b	or cT2c	cT3-4 or cN+
<b>Localised</b>			<b>Locally advanced</b>



72

### US multicenter phase III

- prospective multi-centre study  $^{68}\text{Ga}$ -PSMA-11 PET/CT vs. surgery
- 764 patients with intermediate/high-risk Pca; 277 radical prostatectomy + LND (36%)
- 75 of 277 patients (27%) had pelvic nodal metastases
- Pelvic nodal metastases : sensitivity 0.40 (95% CI, 0.34-0.46), specificity 0.95 (95% CI, 0.92-0.97), positive predictive value 0.75 (95% CI, 0.70-0.80), negative predictive value 0.81 (95% CI, 0.76-0.85), respectively.
- **"False-positives": these lymph nodes were not removed  $\rightarrow$  histopathology reference standard inaccurate**  
Hope et al. JAMA Oncology, 2021, 7: 1635.
- 487 (64%) no prostatectomy, of which 108 were lost to follow-up. Patients with follow-up instead  $\rightarrow$  radiotherapy (262/379; 69%), systemic therapy (82/379; 22%), surveillance (16/379; 4%), or other treatments (19/379; 5%).

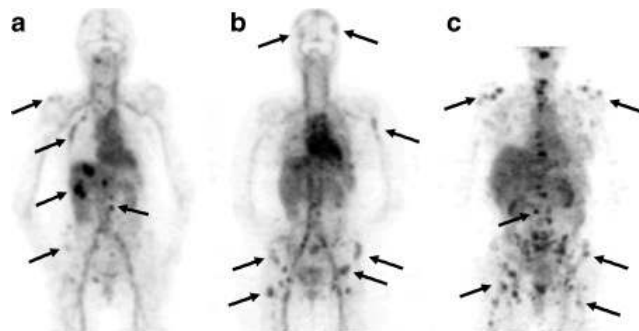
73

### PSMA imaging in prostate cancer

- Introduction of very sensitive diagnostics like PSMA-PET/CT changes TNM classification
- PSMA-PET/CT may prevent the need for invasive procedures
- Impacts on the link TNM  $\leftrightarrow$  therapeutic choices  $\leftrightarrow$  outcome
- Improved (re)staging / earlier detection  $\neq$  survival benefit
- CT / bone scan obsolete for staging, but established position as prognostic imaging biomarkers remains .... for now (mainly relevant for systemic treatments)

74

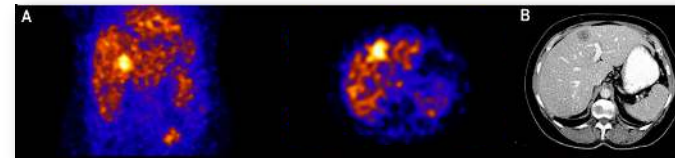
### Target expression - trastuzumab



Dijkers et al. Clin Pharmacol Ther. 2010;87:586

75

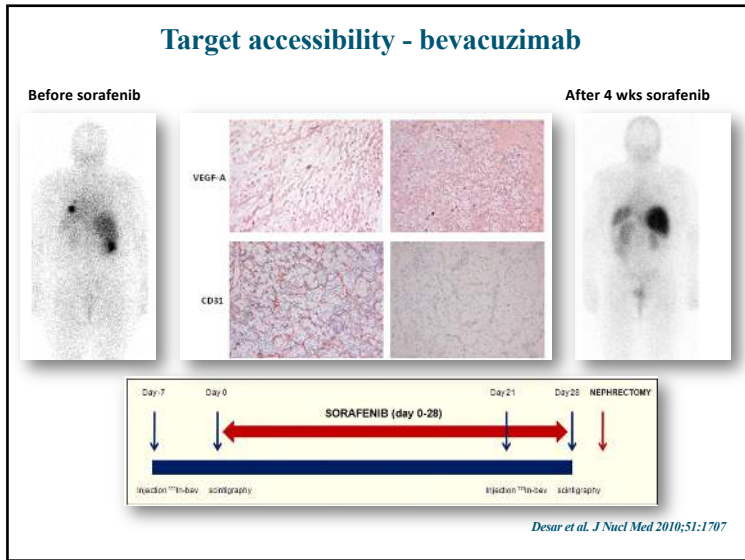
### Target expression - bevacuzimab



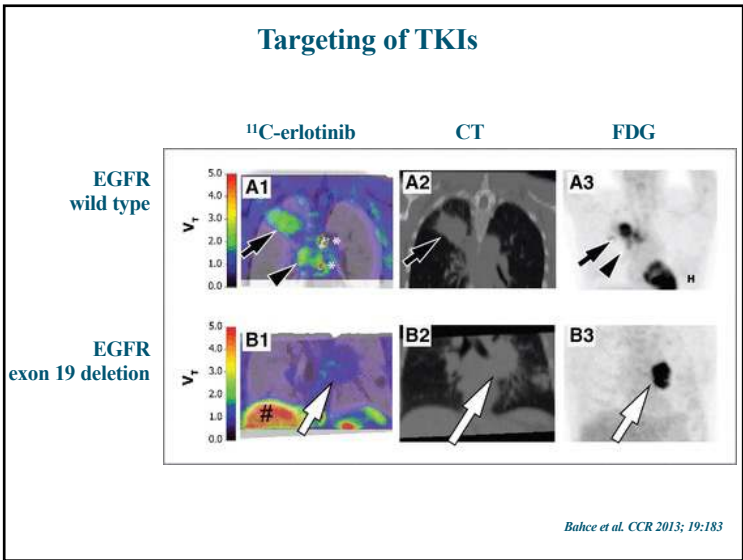
- no correlation between the VEGF in liver mets and VEGF in plasma ( $\rho=0.13$ ,  $p=0.76$ )
- no correlation between VEGF in plasma and In-111-bevacuzimab targeting of liver metastases ( $r=0.06$ ,  $p=0.89$ )
- no correlation between the VEGF in liver mets and In-111-bevacuzimab targeting of liver mets ( $\rho=0.43$ ,  $p=0.19$ )

Scheer et al. EJC 2008;44:1835

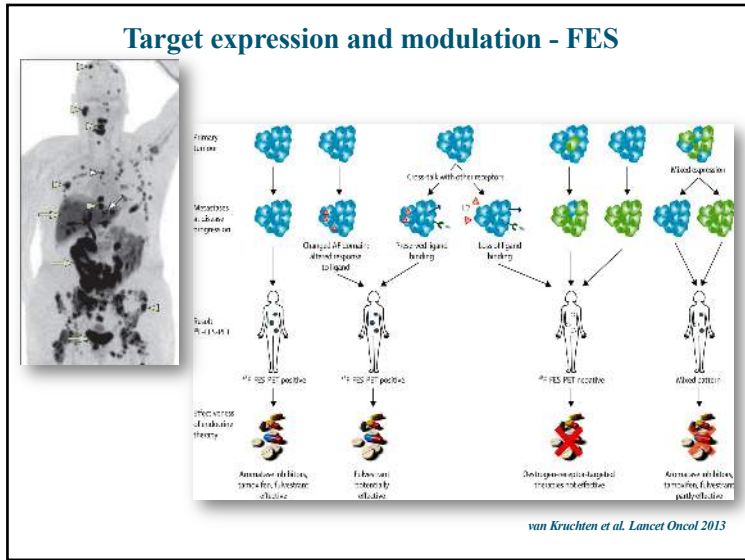
76



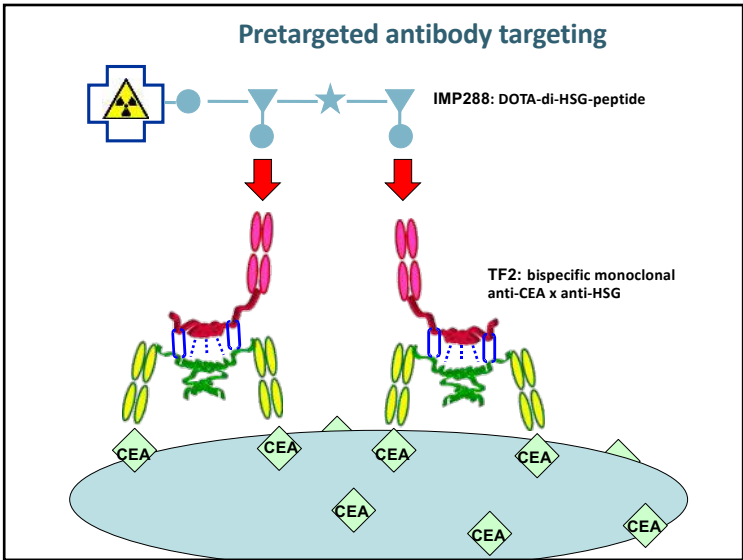
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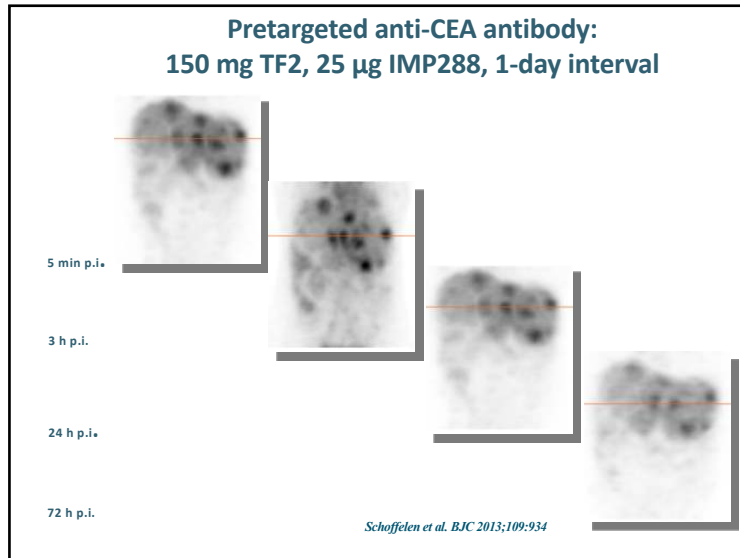
78



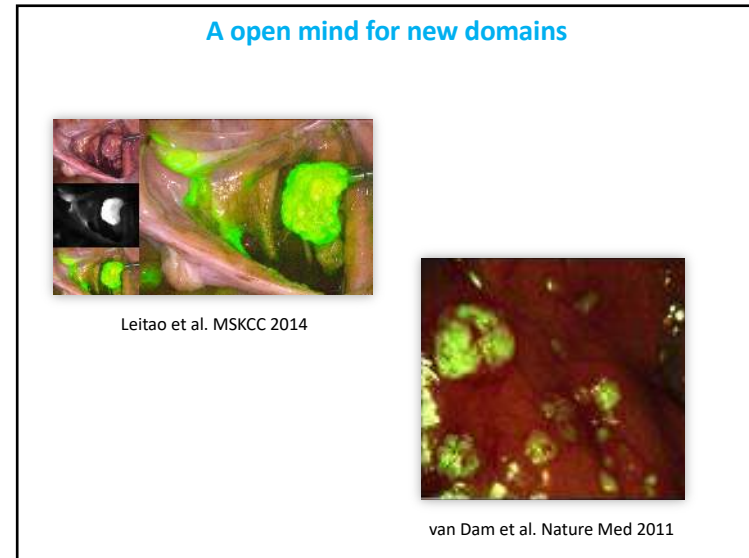
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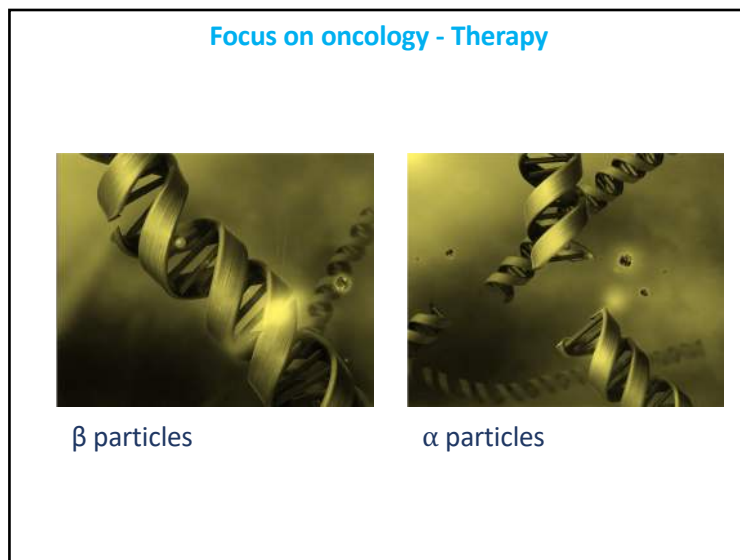
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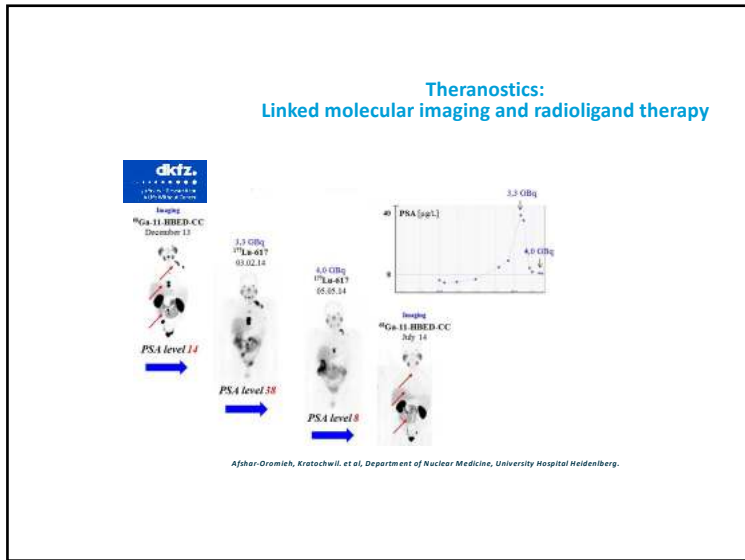
82



83

- From diagnostics to therapy**
- Changing the radioisotope :  $\gamma / \beta^+ \rightarrow \beta^- / \alpha$ 
    - Modifying the carrier molecule
    - Modifying the linker
  - Establishing the theranostic principle :
    - Matching of PET/CT images with the therapeutic images (tumor targeting, pharmacokinetics, normal organ targeting, etc.)
  - Clinical development of the radiopharmaceutical

84



85

### <sup>68</sup>Ga / <sup>177</sup>Lu – PSMA theranostics

**First study to retrospectively analyse safety and efficacy:<sup>1</sup>**

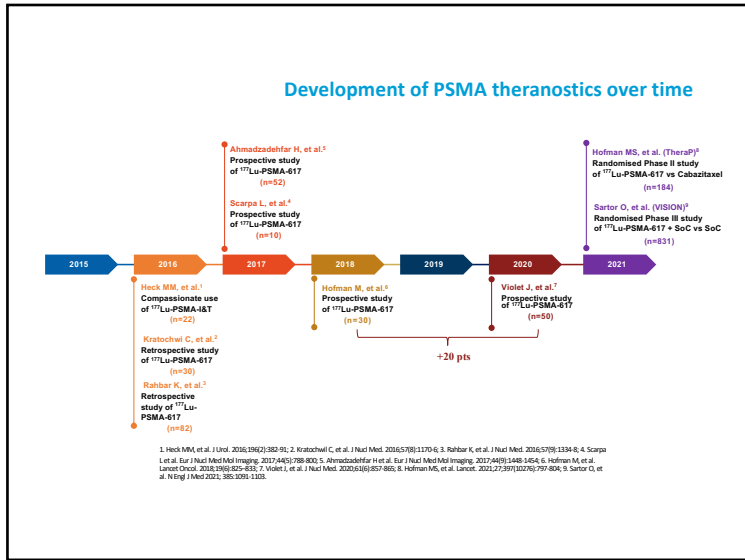
- Heavily pretreated patients with extensively metastatic progressive CRPC (n=10)
- Mean <sup>177</sup>Lu-PSMA-617 5.6 GBq (range 4.1–6.1 GBq)
- No serious clinical adverse events due to <sup>177</sup>Lu-PSMA-617
- Grade 3/4 myelotoxicity observed in only 1 patient
- No relevant nephrotoxicity
- Large PSA decrease in 7/10 patients after 8 weeks of therapy

**PSMA PET/CT before and after RLT<sup>2</sup>**

(A) diffuse abdominal and iliacal lymph node metastases  
(B) a partial response 7 weeks after RLT with 63 % PSA decline

Ahmadzadehfar H, et al. EJMNM Res. 2015 Dec5(1):114.

86



87

### <sup>68</sup>Ga / <sup>177</sup>Lu – PSMA Theranostics First prospective trial

**A prospective, open-label, single-arm, single-center, Phase 2 trial<sup>1,2</sup>**

- Patients with mCRPC pretreated (n=30) with 21 line of prior chemotherapy and/or abiraterone/enzalutamide
- An additional cohort of 20 patients were enrolled<sup>2</sup>
- Up to 4 cycles of 7.5 GBq <sup>177</sup>Lu-PSMA at 6 weekly intervals
- 56% objective response in measurable soft-tissue disease
- 37%  $\geq 10$  point improvement in global health score by the 2<sup>nd</sup> cycle<sup>1</sup>
- Median OS: 13.3 months (95% CI, 10.5–18.7)
  - Significantly longer survival of 18.4 months (95% CI, 13.8–23.8) in patients achieving a PSA decline of  $\geq 50\%$
- Grade1 dry mouth (66%), grade 1-2 transient nausea (48%), Grade 3-4 thrombocytopenia (10%), and grade 3 anemia (10%)<sup>2</sup>

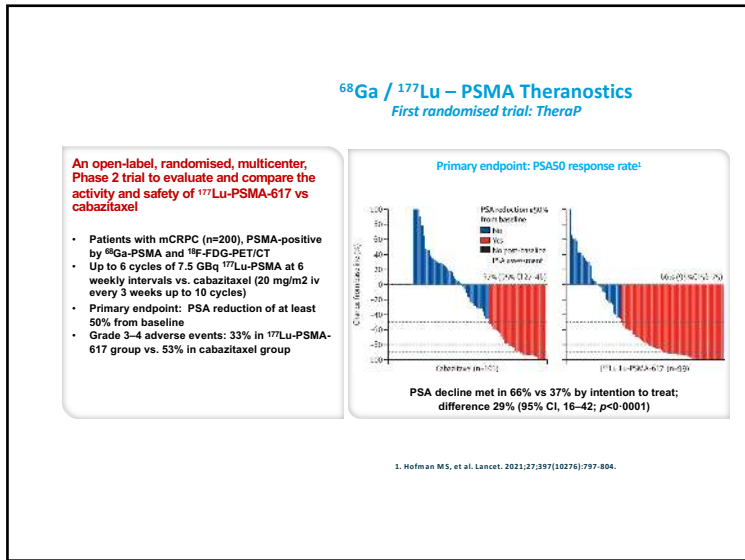
**Best PSA response from baseline<sup>2</sup>**

The two dashed lines represent PSA response >30% and >50%

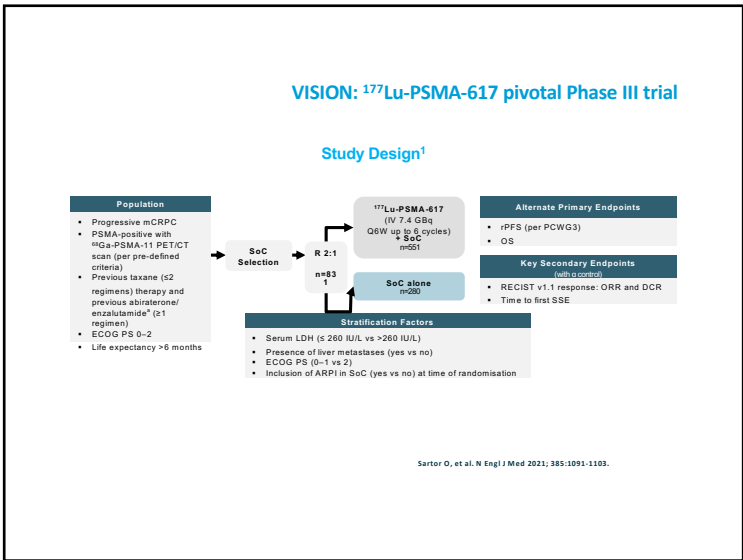
1. Hoffman M, et al. Lancet Oncol. 2018;19(6):825–833;  
2. Violet J, et al. J Nucl Med. 2020;61(6):857–865.

88

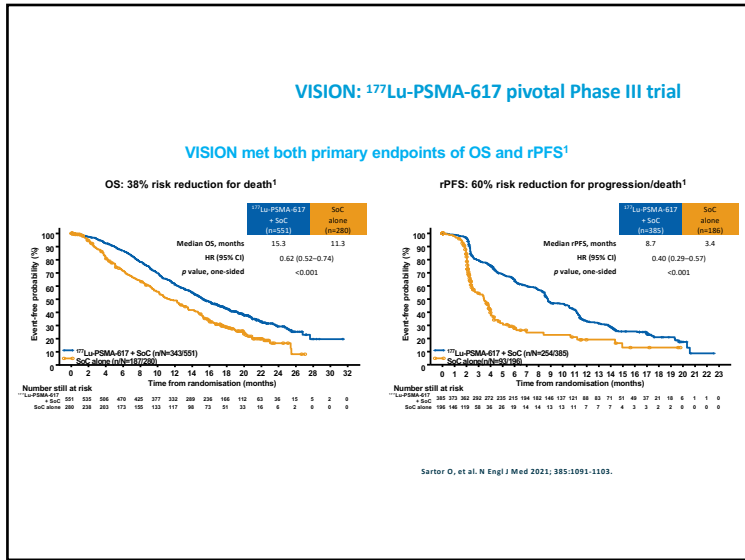




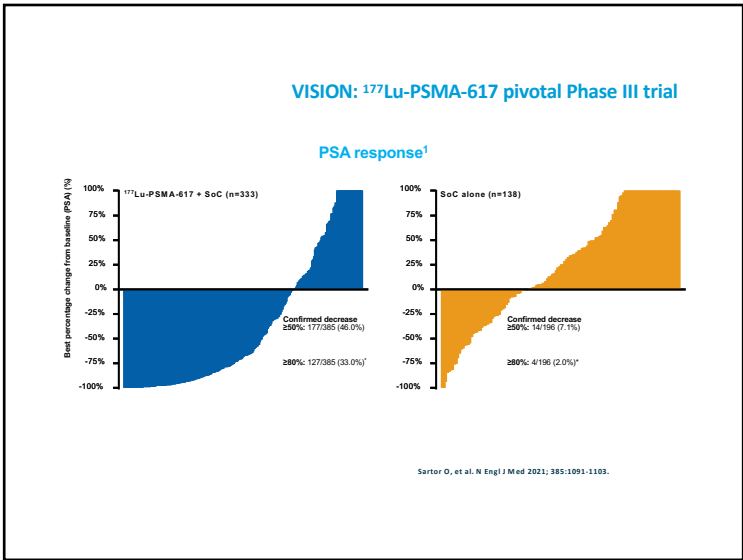
89



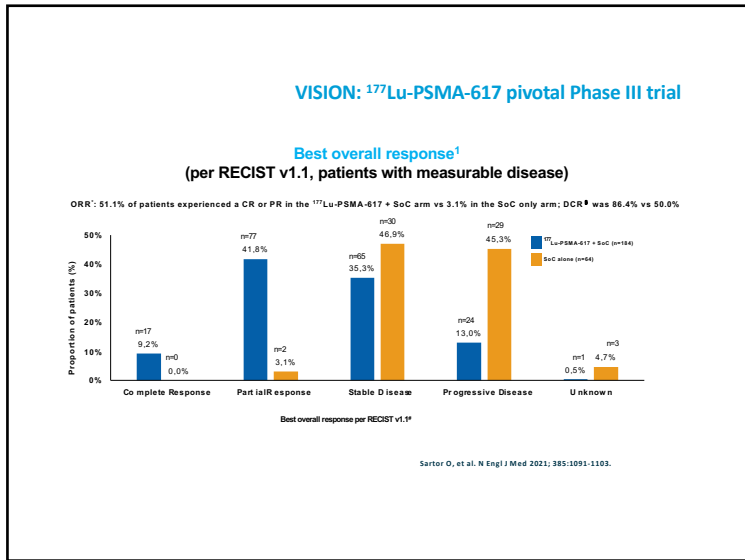
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91



92



93

### VISION: <sup>177</sup>Lu-PSMA-617 pivotal Phase III trial

**Safety and tolerability<sup>1</sup>**

Event	Safety Set (N=734)			
	All Grades <sup>177</sup> Lu-PSMA-617 + SoC (n=529) n (%)	SoC alone (n=205) n (%)	All Grades <sup>177</sup> Lu-PSMA-617 + SoC (n=529) n (%)	SoC alone (n=205) n (%)
Any TEAE	519 (98.1)	170 (82.9)	272 (52.7)	78 (38.0)
TEAEs occurring in ≥12% of patients <sup>2</sup> , n (%)				
Fatigue	228 (43.1)	47 (22.9)	31 (5.9)	3 (1.5)
Dry mouth	205 (38.8)	1 (0.5)	0	0
Nausea	187 (35.3)	34 (16.6)	7 (1.3)	1 (0.5)
Anaemia	168 (31.8)	27 (13.2)	68 (12.9)	10 (4.9)
Back pain	124 (23.4)	30 (14.6)	17 (3.2)	7 (3.4)
Anthragia	118 (22.3)	26 (12.7)	6 (1.1)	1 (0.5)
Decreased appetite	112 (21.2)	30 (14.6)	10 (1.9)	1 (0.5)
Constipation	107 (20.2)	23 (11.2)	6 (1.1)	1 (0.5)
Diarrhea	100 (18.9)	6 (2.9)	4 (0.8)	1 (0.5)
Vomiting	100 (18.9)	13 (6.3)	5 (0.9)	1 (0.5)
Thrombocytopenia	91 (17.2)	9 (4.4)	42 (7.9)	2 (1.0)
Lymphopenia	75 (14.2)	8 (3.9)	41 (7.8)	1 (0.5)
Leukopenia	66 (12.5)	4 (2.0)	13 (2.5)	1 (0.5)
TEAE leading to dose reduction of <sup>177</sup> Lu-PSMA-617	30 (5.7)	0	10 (1.9)	0
TEAE leading to interruption of <sup>177</sup> Lu-PSMA-617	85 (16.1)	2 (1.0) <sup>3</sup>	42 (7.9)	0
TEAE leading to discontinuation of <sup>177</sup> Lu-PSMA-617	63 (11.9)	1 (0.5) <sup>3</sup>	37 (7.0)	0
TEAE leading to death	18 (3.6)	6 (2.9)	19 (3.6)	6 (2.9)

Sartor O, et al. N Engl J Med 2021; 385:1091-1103.

94

### VISION: <sup>177</sup>Lu-PSMA-617 pivotal Phase III trial

**Post-protocol therapies<sup>1</sup>**

Treatment	OS Analysis Set (n=831)	
	<sup>177</sup> Lu-PSMA-617 + SoC (n=551) n (%)	SoC only (n=280) n (%)
<b>Treatment type</b>		
Radiotherapy	49 (8.9)	31 (11.1)
Medication	155 (28.1)	87 (34.6)
<b>Medications received by ≥1% of patients</b>		
<b>Taxane</b>	99 (18.0)	61 (21.8)
Cabazitaxel	82 (14.9)	53 (18.9)
Docetaxel	27 (4.9)	10 (3.6)
Paclitaxel	4 (0.7)	2 (0.7)
<b>Platinum compound</b>	46 (7.3)	27 (9.6)
Monoclonal antibodies	16 (2.9)	22 (7.9)
<b>Therapeutic radiopharmaceuticals</b>	16 (2.9)	23 (8.2)
<sup>223</sup> Ra	14 (2.5)	15 (5.4)
<sup>177</sup> Lu-PSMA-617	2 (0.4)	3 (1.1)
<sup>225</sup> Ac-PSMA-617	1 (0.2)	0 (0.0)
Other radionuclide	0 (0.0)	5 (1.8)
<b>ARPI and Anti-androgens</b>	23 (4.2)	13 (4.6)
Enzalutamide	12 (2.2)	7 (2.5)
Darolutamide	5 (0.9)	3 (1.1)
Apalutamide	4 (0.7)	2 (0.7)
Proxalutamide	2 (0.4)	1 (0.4)
Sicalutamide	1 (0.2)	1 (0.4)
Abiraterone acetate	13 (2.4)	3 (1.1)

Sartor O, et al. N Engl J Med 2021; 385:1091-1103.

95

### VISION: <sup>177</sup>Lu-PSMA-617 pivotal Phase III trial

Trial	Comparison	OS (months)	HR for OS	OS Difference
<b>Post-Docetaxel mCRPC</b>				
TROPIC <sup>1</sup>	Cabazitaxel/prednisone vs Mitoxantrone/prednisone	15.1 vs 12.7	0.70	2.4 months
COU-AA-301 <sup>2</sup>	Abiraterone/prednisone vs Placebo/prednisone	15.8 vs 11.2	0.74	4.6 months
AFFIRM <sup>3</sup>	Enzalutamide vs Placebo	18.4 vs 13.6	0.63	4.8 months
<b>Front-line and Post-Docetaxel mCRPC</b>				
ALSYMPCA <sup>4</sup>	SoC +/- Radium-223	14.9 vs 11.3	0.70	3.6 months
<b>Post-Abiraterone/Enzalutamide or Post-Abiraterone/Enzalutamide/Docetaxel mCRPC (BRCA1/BRCA2/ATM subse)</b>				
PROfound <sup>5</sup>	Olaparib vs Abiraterone/enzalutamide second line	19.1 vs 14.7	0.69	4.4 months
<b>Post-Abiraterone/Enzalutamide and Post-Docetaxel mCRPC</b>				
VISION <sup>6</sup>	SoC +/- <sup>177</sup> Lu-PSMA-617	15.3 vs 11.3	0.62	4.0 months

1. de Bono JS, et al. Lancet. 2010;376(9747):1147-1154; 2. Fizazi K, et al. Lancet Oncol. 2012;13(10):983-992; 3. Scher HI, et al. N Engl J Med. 2012;367(13):1187-1197; 4. Parker C, et al. N Engl J Med. 2013;369(3):213-223; 5. Hussain M, et al. N Engl J Med. 2020;383(24):2345-2357; 6. Sartor O, et al. N Engl J Med 2021; 385:1091-1103.

96

### What's next ?

**On-going clinical trials with various concepts :**

- Earlier than after 2nd line in mCRPC: towards hormone-sensitive metastatic prostate cancer (... or even earlier ?)
- **Alternative ligands, e.g. PSMA-I&T** (... me too, or real, clinical improvement ?)
- **Alternative radionuclides : use of  $\alpha$ -emitters** (... too toxic or or real, clinical improvement ?)
- **Combination therapies**

July 2021 from : Zhang H et al. Cancers 2021, 13(16), 402

97

### Ga-68 / Ac-225 – PSMA Theranostics

- Large PSA decline (CR) in heavily pretreated, extensively metastasized patients
- No safety issues
- Xerostomia

Kratochwil et al. JNM 2016; 57:1941-44

98

### Ga-68 / Ac-225 – PSMA Theranostics

- 15/17 pts. large PSA decline in metastatic patients; upto 4 cycles of Ac-225-PSMA
- No safety issues; xerostomia in all pts; worsening of kidney failure in 1 patient

Satheke et al. EJNMMI 2019; 46:129-138

99

### Ga-68 / Ac-225 – PSMA Theranostics

- 20 heavily pretreated pts. with end-stage prostate cancer
- Insufficient response to Lu-177-PSMA → 1 cycle of Ac-225-PSMA, followed by further Lu-177-PSMA
- 65% best biochemical response of PSA decline > 50%
- Median PFS 19 weeks, median OS 48 weeks
- No grade G3/4 xerostomia

- 28 pts. with and without Lu-177-PSMA pretreatment
- 1-7 (median 3) cycles of 100kBq/kg Ac-225-PSMA at 8 weekly intervals
- >50% decline in PSA :
  - 25% @ 8th week of post 1st cycle
  - 39% end of follow-up
- CMR 9%, PMR 45%, SMD 9%, PMD 36%
- transient fatigue 50%, G1/2 xerostomia 29%

Khreish et al. EJNMMI 2020; 47:721-728  
Yadav et al. Theranostics 2020; 10: 9364

100

### PSMA therapy in prostate cancer

- The concept of theranostics is at the core of nuclear medicine therapy
- <sup>177</sup>Lu-PSMA-617:
  - Significant gain in OS and rPFS
  - Excellent safety and tolerability characteristics
- Objective responses (biochemical, molecular imaging, RECIST), manageable adverse events, improvement of QoL
- Mandatory theranostic approach: 10–15% intrinsically PSMA-negative
- Manageable logistics for work-up and delivery of treatment
- First Lu-177-PSMA therapy approved in Europe, phase 3 trials for other indications and other agents

101

### Nuclear Medicine

- Multidisciplinary and collaborative
- Clinical medicine and technical challenges
- Innovation and creativity
- Dynamic : evolution and revolutions

102

### Nuclear Medicine

- Multidisciplinary and collaborative



103