

24 MAR 2021

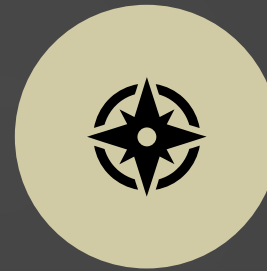
WEDNESDAY EXPLORERS

Completing the Paso Ancho Loop and Finding Tisingal

THE MISSION & THE STORY



We set out to explore a road that we had previously seen while searching for the elusive loop (3rd time lucky)



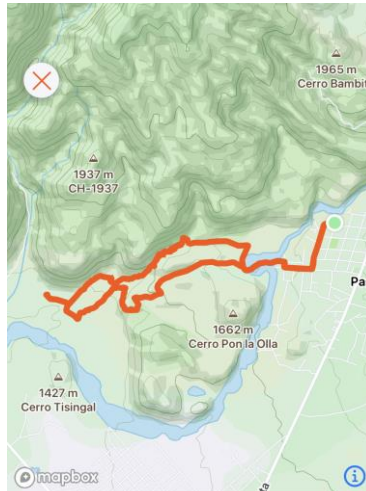
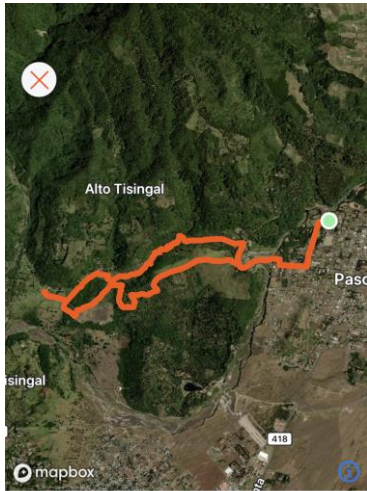
Started heading west for Costa Rica (oops) & then backtracked after getting directions from Dene (a local Tisingal resident)



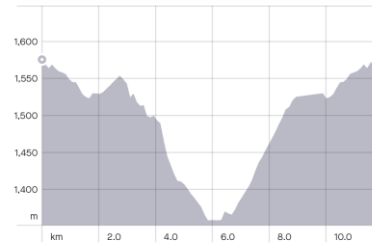
Found a great valley that we hiked down along the dry and then wet stream. Ended up in Tisingal.



Found the Trail home that we used on adventure 2 (back on the 27 Jan 2021) – the initial loop excursion



Elevation



Elevation Gain 297 m
Max Elevation 1,576 m



Paul Stork
Yesterday at 9:08 AM · Paso Ancho, Panama

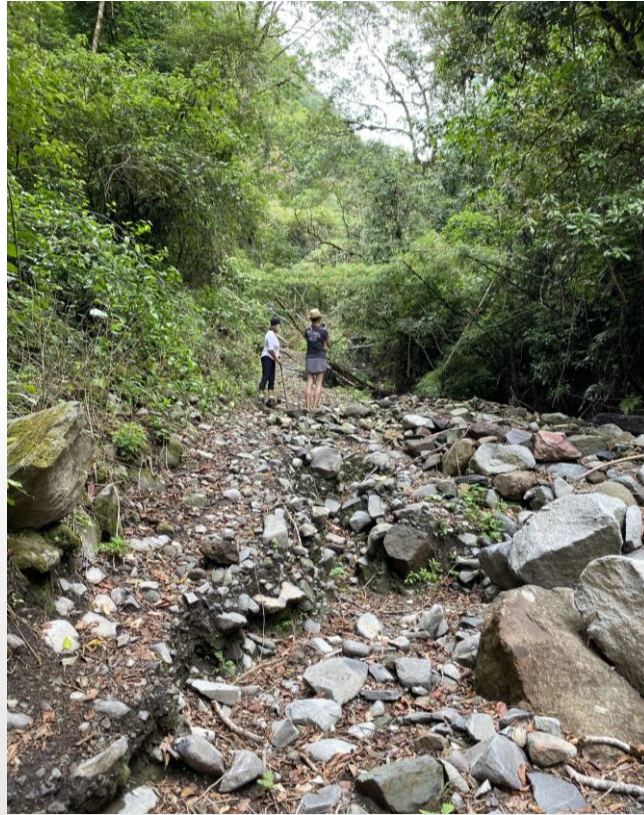
Morning Walk

Distance	Elevation Gain
11.83 km	297 m
Moving Time	
2:59:59	

Partly Cloudy, 19 °C. Feels like 19 °C. Humidity 72%.
Wind 5.9 km/h from E.

THE ROUTE

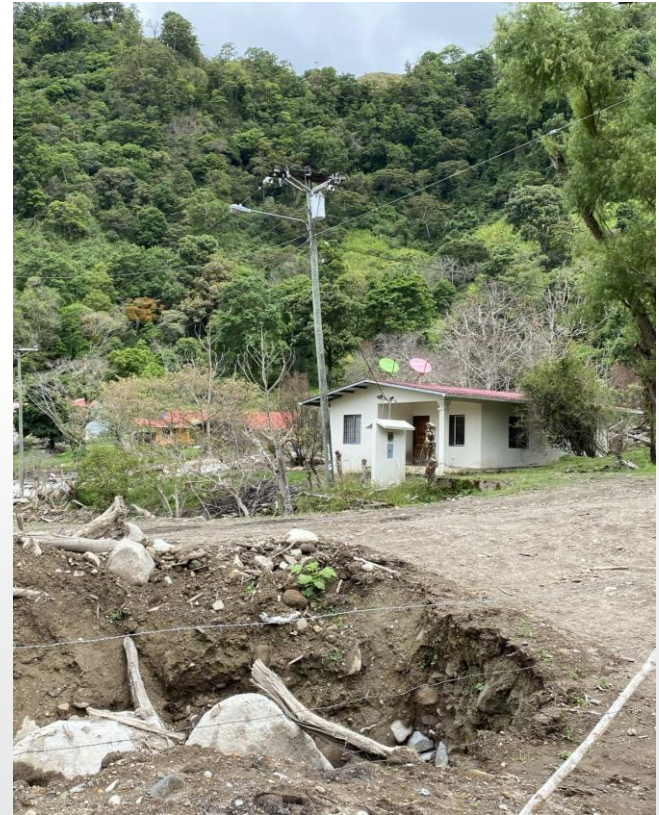
DOWN THE VALLEY

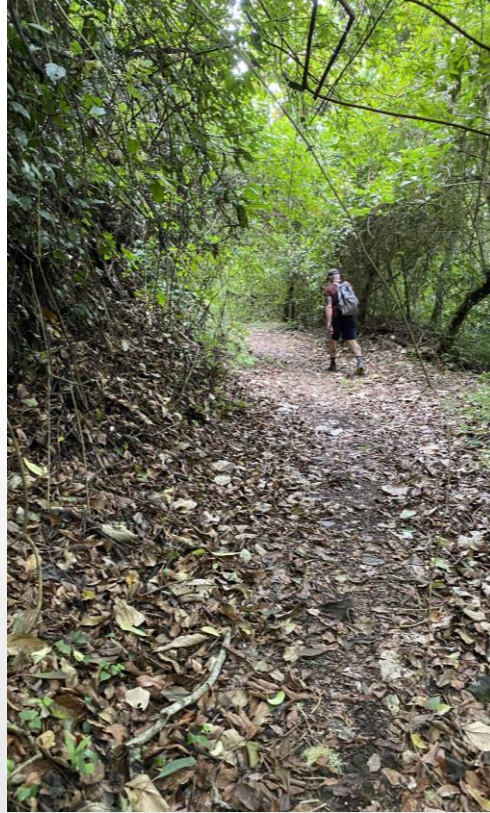




STORM CARNAGE

PAT HORSE WRANGLING IN TISINGAL





HOMeward BOUND

- After heading West – aiming for Costa Rica (oops), Dene (a local Tisingal resident) gave us directions
- Backtracked and crossed the stream
- Wow, this looks familiar – old stomping grounds
- Found the old Path back to Paso Ancho – we came down this path in January trying unsuccessfully to find the loop.

A close-up photograph of a black and blue hiking backpack. The backpack features a blue mesh section with a white mountain logo and the text "K-WAY". A black strap with a buckle is visible. A stick bug is hitching a ride on the strap. The background shows a rocky, mossy ground.

STICKY BUSINESS

- Stick Bug hitching a Ride



**WHO SAYS COWS CAN'T
EAT CARROTS?**

VITAL STATISTICS

- This adventures intrepid explorers: Darla, Pat, Pete, Paul
- Total Steps: 15,000+
- Total distance: 11.83 km (7.35 mi)
- Maximum Height: 1,576 m (5,171 ft)
- Elevation down and up: 297 m (974 ft)
- Time taken: 3.5 hrs (9.00 am to 12:30 pm)
- Consensus: Gorgeous Valley and great adventure. Worth Repeating.