



7 AUGUST 2021

# STROLLING SATURDAY

Exploring the Baru Valley

*Enhanced Digital Memory (EDM)*

# THE STORY

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This is the beginning of the trail to Baru. It is a gradual incline beginning 5,800 ft. making it harder to walk than it looks. But perseverance is well-rewarded with beautiful views.



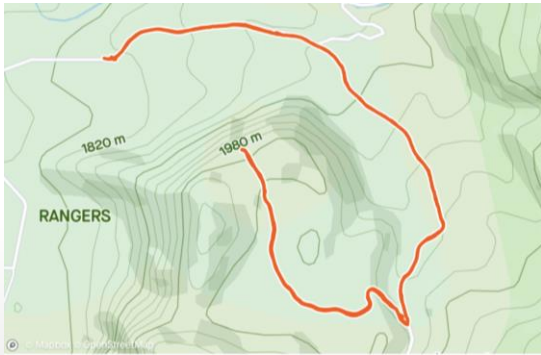
The views are expansive with lots of interesting wildflowers and grasses.



This is the second time we have taken this route. This this time we turned right at an abandoned house. It is marked 'no trespassing' but someone in the group knew the owner, so we forged ahead.



This trip requires pre-registration with the park rangers, but it is well-worth the effort. We were caught by rain or the hike could have been much longer.

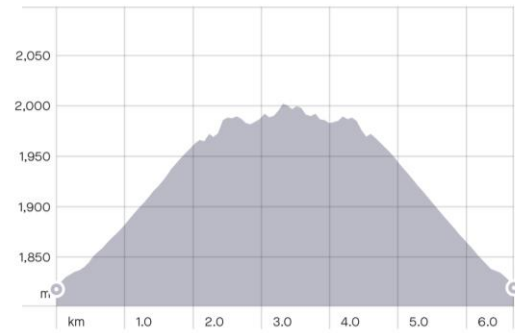


Distance  
**6.78 km**  
Moving Time  
**1:44:33**

Elevation Gain  
**216 m**



### Elevation



Elevation Gain  
Max Elevation

**216 m**  
**2,003 m**

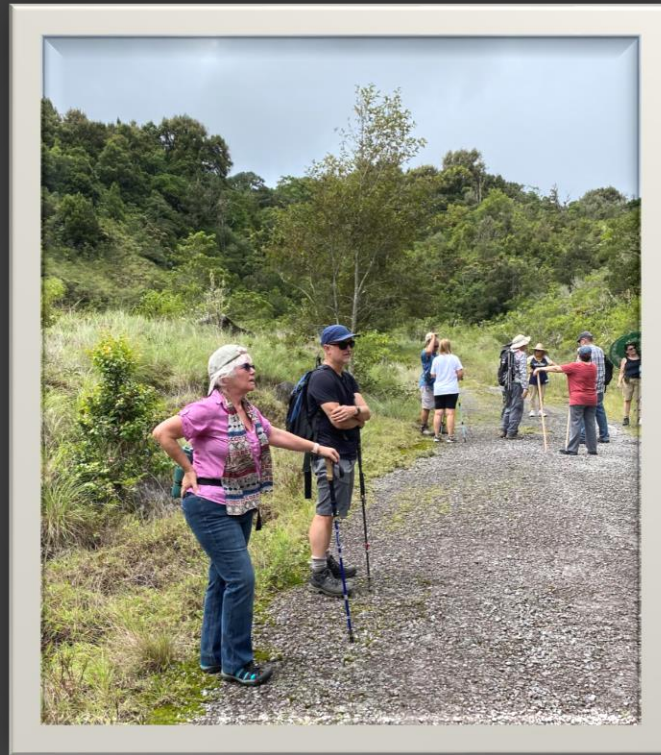
# MAPS

# BARU VALLEY

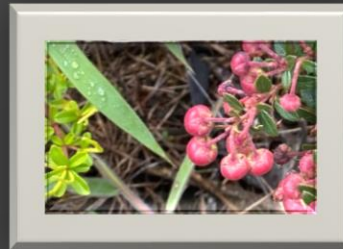
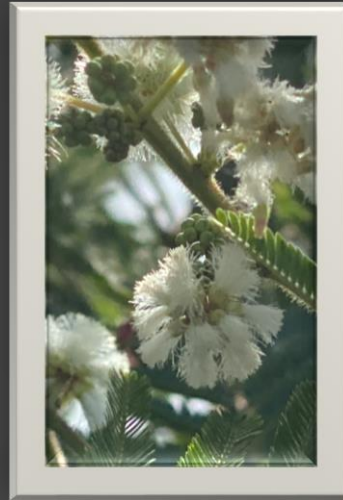
At the ranger station and looking back towards Volcan



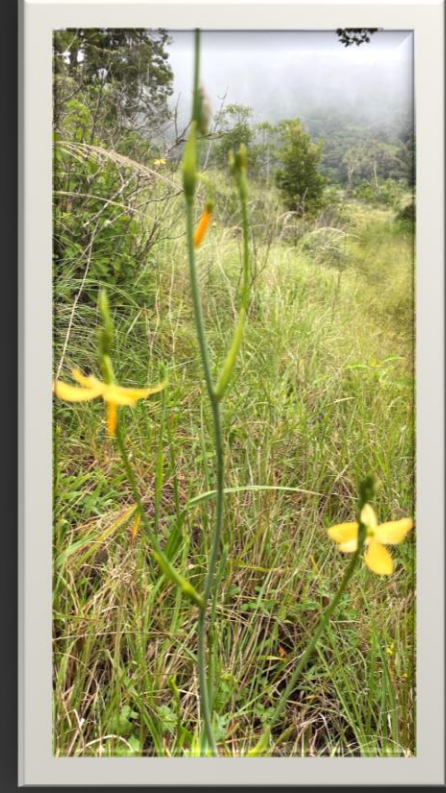
# IN THE BEGINNING



# FLORA & FUNGI



# HERE COMES THE RAIN, SO ENDED THE HIKE



# VITAL STATISTICS

- Number of Explorers: 35
- All Explorers: Cedric, Cher, Laurie, Tony, Diana, Pete, James, Gladys, Rob, Jennifer, Dave, Janet, Glen, Matt, Natalie, Anna, Larry, Ingrid, Sophia, Kevin, Phyllis, John T, Chris T, Diana C, Scott, Ashley, Mark, Patsy, Richard, Jorge, LizMary, Liesel, Jill, Peter, Beth, Pat, Paul
- New Explorers: John T, Chris T, Beth, Mark, Patsy, Jorge, LizMary, Peter, Jill
- Total Steps: 12,000+
- Total distance: 6.78 km (4.2 mi)
- Maximum Height: 2003 m (6572 ft)
- Elevation Gain: 216 m (709 ft)
- Time taken: 2.2 hrs (9.30 am to 11:50 pm)
- Time Walking: 1h45
- Overall Difficulty Rating: 2/5 (Steepness)
- Consensus: This area is ripe for further exploration. We will do this again.
- After Action Replenishment & Social: Black Mountain Coffee