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TRUST IN THE LORD

Trust in the Lord with all your heart And do not lean on your own understanding. In all your ways **acknowledge** Him, And He will make your paths straight.

Proverbs 3:5-6 NASB1995

Definitions and Discoveries

TRUST

primitive root; properly to hie for refuge (but not so precipitately as H2620); figuratively to trust, be confident or sure: - be bold (confident, secure, sure), careless (one, woman), put confidence, (make to) hope, (put, make to) trust.

Jehovah

(the) self Existent or eternal; Jehovah, Jewish national name of God

All

kole, kole

From H3634; properly the whole; hence all, any or every (in the singular only, but often in a plural sense): - (in) all (manner, [ye]), altogether, any (manner), enough, every (one, place, thing), howsoever, as many as, [no-] thing, ought, whatsoever, (the) whole, whoso (-ever).

Heart

labe

A form of H3824; the heart; also used (figuratively) very widely for the feelings, the will and even the intellect; likewise for the centre of anything: - + care for, comfortably, consent, X considered, courag [-eous], friend [-ly], ([broken-], [hard-], [merry-], [stiff-], [stout-], double) heart ([-ed]), X heed, X I, kindly, midst, mind (-ed), X regard ([-ed]), X themselves, X unawares, understanding, X well, willingly, wisdom.

Lean

shaw-an'

A primitive root; to support one's self: - lean, lie, rely, rest (on, self), stay.

Understanding

bee-naw'

From H995; understanding: - knowledge, meaning, X perfectly, understanding, wisdom.

“To trust means to rely on the integrity, power, or ability of someone or something to do what He or it promises.” – Phil Sanders, Trust God

Trusting God involves at least **four things**.

- **First, it involves dependence upon the Almighty.** We must rely on God to do the things that we cannot do for ourselves. James 1:17 says that, “Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow.”
- **Second, trusting God involves risk.** Some things we know and some things we don't know; some things we can do and some we can't. Now and then we must put ourselves into God's hands.
- **Third, trusting God involves courage.** Serving God means finding the courage to do what is right, even when no one else will. The Bible tells of David's courage,
- **Fourth, trusting God involves commitment.** Biblical faith is never just an intellectual matter; faith always acts. Trust demonstrates itself. It overcomes the fear by relying on God. Trust walks forward with hope and confidence that God is ever present, ever watching, and ever helping.

why should we trust God?

1. First, we can trust God, because we know His character. God always keeps His promises!
2. Second, we can trust God, because He is wise. God sees and knows things that we cannot see and know.
3. Third, we can trust God, because we know that He is powerful. God can do things we cannot do. The Lord Jesus said in Mark 10 and verse 27 that, “all things are possible with God.”
4. Fourth, we can trust God, because we are assured by His love. God will always do what is best for us because He loves us

Benefits: There are some things trust will do for you and help you to realize.

- First, trusting God will help you realize the whole world is not on your shoulders. You know God has been running this world a long time. And He will continue to uphold all things by His power.
- Second, trusting God will help us understand that God will see us through today's struggles. Psalm 37:5 to 6 says, "Commit your way to the LORD, Trust also in Him, and He will do it. He will bring forth your righteousness as the light And your judgment as the noonday."
- Third, trusting God will help us realize that when physical life is harsh, we can still say it is well with my soul. Psalm 125:1 teaches that, "Those who trust in the LORD are like Mount Zion, which cannot be shaken but endures forever."

INITIAL THOUGHTS

God's people should be confident, sure, bold.
And they cause others to trust Him too.

God wants us to trust him very naturally. Not by force because I have to. But he wants us to trust him because it's the only logical thing to do. And that trusting him will keep us from problems that we ourselves will get ourselves into if we do not trust him.

God desires us to commit our whole heart to him. That he is the one we can depend on for all the things of this life. The things that are essential for our daily living. The things that are essential for our emotional well-being. The things that will keep our mind working as it should without problems.

We should not lean on our own understanding. Our own understanding is often flawed or it is out of alignment due to the influence of Satan and his people. And since Satan wants to punish God, he will cause you problems and in an attempt to discredit God.

Trust is improved through the knowledge of God's

- Fulfilled statements
- Completed promises.
- Statements of facts.

SCRIPTURES

Trust in the Lord and do good; Dwell in the land and cultivate faithfulness.

Psalms 37:3 NASB1995

Commit your way to the Lord, Trust also in Him, and He will do it.

Psalms 37:5 NASB1995

Rest in the Lord and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who carries out wicked schemes.

Psalms 37:7 NASB1995

Trust in Him at all times, O people; Pour out your heart before Him; God is a refuge for us. Selah.

Psalms 62:8 NASB1995

O Israel, trust in the Lord; He is their help and their shield. O house of Aaron, trust in the Lord; He is their help and their shield. You who fear the Lord, trust in the Lord; He is their help and their shield.

Psalms 115:9-11 NASB1995

Those who trust in the Lord Are as Mount Zion, which cannot be moved but abides forever.

Psalms 125:1 NASB1995

Do not trust in princes, In mortal man, in whom there is no salvation. His spirit departs, he returns to the earth; In that very day his thoughts perish. How blessed is he whose help is the God of Jacob, Whose hope is in the Lord his God,

Psalms 146:3-5 NASB1995

Behold, God is my salvation, I will trust and not be afraid; For the Lord God is my strength and song, And He has become my salvation.”

Isaiah 12:2 NASB1995

The steadfast of mind You will keep in perfect peace, Because he trusts in You. Trust in the Lord forever, For in God the Lord, we have an everlasting Rock.

Isaiah 26:3-4 NASB1995

Blessed is the man who trusts in the Lord And whose trust is the Lord. For he will be like a tree planted by the water, That extends its roots by a stream And will not fear when the heat comes; But its leaves will be green, And it will not be anxious in a year of drought Nor cease to yield fruit.

Jeremiah 17:7-8 NASB1995

to the end that we who were the first to hope in Christ would be to the praise of His glory.
Ephesians 1:12 NASB1995

Rough Draft of Script

Hook

Isaac Watts, The man who wrote When I Survey the Wondrous Cross and Joy to the World said, "Learning to trust is one of life's most difficult tasks."

So, And what do you trust? Do you have enough trust? And how could you get more?

Benefit

In just a few moments, I will help you with this most difficult of tasks. It won't be easy, but very rewarding.

INTRO 4

Content

Everyone sometimes needs some help. And God has already given guidance. He gave us a command in Proverbs 3:5 **SLIDE** Proverbs 3:5 Trust in the LORD with all your heart And do not lean on your own understanding.

(130%)

The command is simple and straightforward. trust God completely. not man. Not any man. Now yourself. not even your preacher.

((160%))

But what benefit do you get for trusting God?

Let me give you 3 three benefits.

(100%)

First when you obey the command and trust God instead of yourself, **(G.S.: No need for worry)** you come to realize that you don't have to fix everything in the world. God's been running this world for a very long time without your help. he's going to keep it running. You don't have to worry about how to solve America's political mess or how to stop the Corona virus. Do you remember what Peter told us? 1 Peter 5:6-7 **(SLIDE)** *Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, (7) casting all your anxiety on Him, because He cares for you.*

God will keep things working by his own power. So stop worrying. Start trusting .

130%

A second benefit of trusting God is we understand (G.S.) God's going to help us through today's problems. Psalm 37:5-6 says, (SLIDE) "Commit your way to the LORD, Trust also in Him, and He will do it. ..."

God will help us make things right . God can fix whatever is broken. And God will help us with courage and strength. God will help us if we commit ourselves to obeying his command.

100%

A third benefit of trusting God occurs when this physical life turns Harsh, ugly and brutal. We remember that this physical life is only temporary (G.S. Life temporary, Soul Eternal) and that Eternal part of us, our soul, has been committed into his Loving Hands. (SLIDE) "... for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day. (2 Tim 1;12)

160%

So, HOW do you begin to trust God?

130%

First you notice the faithfulness of God (G.S. Faithfulness of God). Whatever God says he accomplishes every time. God told Noah that would be a flood and it did rain and cover the Earth. God told his stiffnecked Jews that they would be carried away into captivity. Nebuchadnezzar conquered Judah and carried all the exiles including Daniel Shadrach Meshach, and and Abednigo. God said he would send a savior and Jesus did come. If God said it you can trust it.

100%

Second we develop our dependence on God (G.S. Our Dependence On God). we rely on him to do the things we cannot do for ourselves. James 1:17 (SLIDE) Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow." And remember what David wrote? (SLIDE) Psalms 55:22 Cast your burden upon the LORD and He will sustain you; ..."

130%

Third trusting God involves us being active (G.S. Being Active). There are some things that we are capable of doing and should do them. but there's others that we cannot do that God can do. that's when we put ourselves into his caring loving hands. Paul would remind you of his trust in God. (2 Timothy 1:12) (G.S. Ref Only)

100%

Fourth, trusting God demands courage (G.S. Demands Courage). It means finding the courage to do what is right, even when no one else will. Remember Davids courage. He went face-to-face with an experienced Warrior 9 feet tall. No one else in his country would do it. And he told Goliath that he would feed the birds of the air with the Giants body. That took courage. But he depended on God to win the battle.

130%

And 5th, trusting God involves commitment (G.S. Commitment). Bible trust, or faith, is never just a matter of the Mind. Trust always acts. Trust demonstrates itself. (SLIDE)“ For just as the body without the spirit is dead, so also faith without works is dead. (James 2;26)

160%

Trusting God allows you to walk forward into difficult days with hope, confidence and the attitude of a conqueror. (see Romans 8: 37) (G.S. Ref Only) You can do it because God is always present, always watching, always helping.

130%

Now understand this. Trust, or faith, is not everything needed. it takes more than just trust to be saved. But we're not going to include that in this video. If you would like some free information On what else is necessary please use the contact page, under services, and let me know of your your request. I will gather it and email it to you or send it to you by regular mail. all free of charge.

100%

And while you are there sign up for the free email newsletter, check out the free booklets and transcripts, increase your trust – use the free Bible reading schedule,, and there are lots of videos on many subjects available, all at TimelessTalks.net.

Thank you for your time. Until we can visit again, goodbye for now

Key Words

- Command
- Help
- Trust
- Guidance
- Man
- Self
- Preacher
- God
- Politics
- Virus

- Worry
- Anxiety
- Commit
- Fix
- Broken
- Courage
- Strength
- Obedience
- Physical
- Temporary

- Soul
- Eternal
- Faithful
- Faithfulness
- Noah
- Captivity
- exiles
- Nebuchadnezzar
- Daniel
- Shadrach

- Meshach
- Abed-nego
- Savior
- Jesus
- Dependence
- burden
- Risk
- Entrusted
- Courage
- David
- Goliath
- Action
- Dead
-

Additional Resources

TTWT

- Dealing with Guilt
 - <https://timelesstalks.net/dealing-with-guilt-3/>
- Knowing Christ
 - <https://timelesstalks.net/knowing-christ-2/>

GBN

- Not Separatable From His Word
 - https://gbntv.org/daily_lift/daily-lift-april-10-2022/
- Trust – The Attitude of Faithfulness - 2
 - https://youtu.be/dgz1z_mJ5OY
- Bible, The Bible, and More Bible: Worry
 - <https://youtu.be/LU9tkxef48g>
- David and Goliath from David's Perspective
 - https://youtu.be/LhE_qjQpxhQ

WVBS

- Crisis and the Creator: Worry and Anxiety
 - <https://video.wvbs.org/video/worry-and-anxiety-crisis-and-the-creator/>
- Declaration of Dependence
 - <https://video.wvbs.org/video/11-declaration-of-dependence/>

OABS

- In God We Trusst (FREE downloadable audio files)
 - <https://oabs.org/Archives/lectures/musk2000.htm>
- Christian Courage (FREE downloadable audio files)
 - <https://oabs.org/Archives/lectures/musk2001.htm>

La Vista Church of Christ

- Worthy of Trust
 - <http://lavistachurchofchrist.org/LVSermons/WorthyOfTrust.htm>
- Five Stones in the Hands of a Boy
 - <https://www.lavistachurchofchrist.org/cms/five-stones-in-the-hands-of-a-boy/>
 -

The Gospel Message

- Sabbath Lessons
 - <https://www.gospelmessage.net/2018/09/2018-9-27-sabbath-lessons/>
- Overcoming Fear - Part 1
 - <https://www.gospelmessage.net/2021/04/2021-3-15-f5ypfgsgau2hy01jfp14berbt5mlrq/>
- Overcoming fear - Part 2
 - <https://www.gospelmessage.net/2021/05/2021-5-1-overcoming-fear-part-2/>

Search

- Trust God
 - <https://youtu.be/7tNlkJm9IK0>
 - Transcript downloaded 5-12-22
- Strong Faith
 - <https://youtu.be/CGTxhQohQ98>
 - Transcript downloaded 5-12-22