

# Welcome

Teen Coach Academy  
Business Mastery



Lenita Aouchabake



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# Business Mastery Welcome Guide

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Everything you need to get started  
with Teen Coach Academy

[www.teencoachacademy.com](http://www.teencoachacademy.com)



# Welcome



## Hey there, Teen Coach !

Congrats on taking this important step investing in your personal and business expansion!

Our job is to make this whole process as simple and successful as possible for you.

I am a seasoned Teen Coach expert with more than 10 years of experience and I can't wait to help you expand your personal growth and scale to six figures and beyond!



# Meet Lenita

I'm Lenita, your Teen Coach Trainer & Expert at Teen Coach Academy. My coaching journey began over 10 years ago when I realised I wanted to extend my impact and income beyond the classroom walls.

For the past few years I have built a thriving Teen Coaching business and I love being able to help others Teen Coaches evolve and scale by creating a meaningful business they're proud of and passionate about.

I am here for you every step of the way. If you have any questions, don't hesitate to reach out!

[admin@teencoachacademy.com](mailto:admin@teencoachacademy.com)

*Cheering you on, Lenita*





# What's inside

- Coaching Benefits
- Program Goals
- Success Guidelines
- Coaching Call Agenda
- Teen Coach Badges
- Mastery Pledge
- All Access Checklist
- Virtual Events

# Coaching Benefits



## TEEN COACH PATHWAY CALLS

Deep dive into your business and goals. We will map out a strategy to take your business to the next level.



## WEEKLY 90 MIN MASTERY GROUP CALLS

90 minute video calls each week with Teen Coach Mastery Tribe via the online platform Zoom.



## UNLIMITED MESSENGER POD SUPPORT

You can send messages via Mastery Messenger Pod and I will get back to you within 24 hrs Monday-Friday.

## EMOTIONAL SUPPORT

You will receive 1:1 Personal Breakthrough Calls with our Head Coaches.



# Program Goals

Here's an overview of what we will cover throughout the Business Mastery coaching program. We can adjust this as needed.

## BUSINESS PATHWAY

We will get laser focused on your step by step business model to scale to six figures and beyond.

## PERSONAL EXPANSION

Provide you with the tools and resources to grow in personal mastery, energetic alignment, flow and self acceptance.

## COMMUNITY SUPPORT

Immerse you into a likeminded community who are passionate about enriching the lives of teenagers, families and their community.

## LEADERSHIP SCALABILITY

Build a brand identity and world class team to grow your legacy and purpose.



# Success Guidelines



## 01 The Coaching Process

Coaching is meant to assist you in unlocking your potential, meeting your goals, and maximizing your performance. It is the coach's objective to provide guidance and hold you accountable.

## 02 Coaching Objectives

Coaching may address specific business or life projects, goal setting, identifying action plans, health goals, career paths, communication or organizational skills, and more.

## 03 What we expect from You

The client is expected to be on time for each session and ready to work. They need to be present and free from distractions. It is the client's responsibility to take their own notes and to bring about the desired change.

## 04 What to expect from Us

The coach will respect any boundaries set by the client and remain professional in all aspects. The coach has the very best interest of the client in mind and will stick to ethical standards, including confidentiality.

# Coaching Calls

Your coaching package includes weekly Mastery calls and quarterly Live Events. You can schedule your Mastery events in advance below:

[EMBED MASTERY](#)  
[CALENDAR](#)

## Accountability

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You are encouraged to implement the pathway trainings. We will review your progress and evaluate our relationship at each pathway milestone.

## Mastery Immersion

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I encourage you to fully maximise your time with us inside Mastery. It is a team sport. Harness the group, especially in between our pathway planning sessions.

## All Access

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You are provided with all access to Mastery and Practitioner services.



# Teen Coach Badges

I am very excited to help you evolve and scale to six figures and beyond. Here are your milestone badges to strive for during your journey with us.



Fundamentals in Teen Coaching



Practitioner Competency & Completion



First \$10k in Teen Coaching



First 6-figures in Teen Coaching



First 7-figures in Teen Coaching



# Teen Coach Pledge

Familiarise yourself with our Teen Coach pledge. We will refer to this often.

**I pledge to serve others.**

**I pledge to be curious first.**

**I pledge to have an open mind.**

**I pledge to grow all areas of my life.**

**I pledge to honour and be honourable.**

**I pledge to be focused on each training.**

**I pledge to be part of changing humanity.**

**I pledge to share wins and how.**

**I pledge to strive relentlessly toward more freedom.**

**I pledge to put what I learn into massive action weekly.**

**I pledge to seek out a fuller, more abundant life of impact.**

**I pledge to myself to get started, stay started, and play full out.**

**I pledge to ascend from exploration to elevation to exponential growth.**

**I pledge to change my life so I can change my family's lives and generations to come.**

# TCA All Access

You receive all access to Teen Coach Academy trainings as a Mastery Member. See below your goodies.

18  
MONTHS

## MASTERY

- Weekly Mastery Calls
- Mastermind Online Course
- Quarterly Intensives
- Pathway Planning Sessions
- Emotional Support

MASTERY  
GROUP

18  
MONTHS

## PRACTITIONER

- Weekly Practitioner Calls
- Practitioner Online Course
- 3-Day Practitioner
- 3-Day Bootcamps
- Coaching Methods

PRACTITIONER  
GROUP

## What you need to know

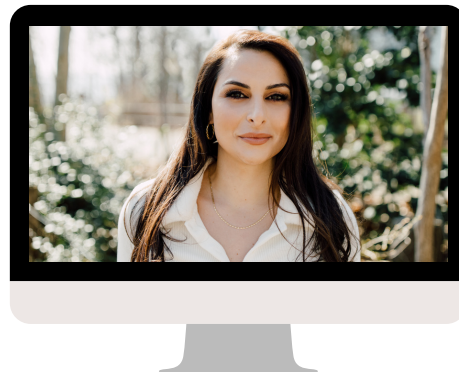
- 01** Mastery weekly calls are every Tuesday 9am-10.30am Sydney time
- 02** Practitioner weekly calls are every Thursday 9am-10.30am Sydney time.
- 03** All live events, times and dates are under the 'Events Tab' inside both Mastery and Practitioner Mastermind Groups.

# Mastery Virtual Events

Here is a brief outline of the Mastery Events coming up.

**Sales  
Intensives**

**Systems  
Intensives**



**JOIN MASTERY  
MASTERMIND GROUP**



**Speaking  
Intensives**

**Virtual Assistant  
Intensives**



# Mastery Checklist

You can use the handy checklist below as you complete any necessary tasks each week/month and to prepare for each call.

## SAVE ZOOM LINKS

- Mastery:  
tcamasteryzoom.com
- Practitioner:  
tcapraczoom.com

## MASTERY RESOURCES

- Online Course
- Messenger Pod
- Mastermind Group/s

## WEEKLY

- Review your Pathway
- Track your progress
- Weekly CEO Meeting

## DAILY


- Top 3 Action Items
- Complete at least 1 action step towards your goals
- Submit questions in Pod/Group

## DAY PRIOR TO CALL

- Review your weekly notes and pick a focus area
- Submit your Questions
- Set a Call Reminder

## AFTER EACH CALL

- Review any notes and action items from the call
- Add any additional action steps to your goal sheet
- Reach out with questions



“THRIVING  
TEEN  
COACHES  
SHOW TEENS  
& FAMILIES  
HOW TO LIVE.

- LENITA  
ABOUCHABAKE

# Thank You



## REMINDER

Don't forget to complete the following items BEFORE we can get started:



1. MASTERY CALENDAR

2. MASTERY QUESTIONNAIRE

3. MASTERY LOG IN

Hopefully, the information in this welcome package will help you get organized and answered all of your remaining questions. If you still have questions, don't hesitate to reach out inside our Mastery Messenger Pod and Mastermind Group!

*xoxo, Lenita*