

# The Blogger Breakthrough Podcast

[00:00:04.950] - Liz

Hey, boss, welcome to the Blogger Breakthrough Podcast, I'm your host Liz Stapleton from [Elizabethstapleton.com](http://Elizabethstapleton.com) and founder of the Blogger Breakthrough Summit. Today we're talking about content creation with Jeff Goins. He was one of our fantastic 2020 Summit speakers and this one tidbit of his has really stuck with me ever since.

[00:00:21.600] - Liz

So remember, if you want to make sure you get notified when registration opens for the 2021 Summit be sure that you're on the Blogger Breakthrough newsletter. So that link to that is in the show notes where you can just go to [BloggerBreakthrough.com/newsletter](http://BloggerBreakthrough.com/newsletter) and that'll let you sign up. Now let's go ahead and hear what Jeff has to say.

[00:00:38.640] - Liz

Where do you get ideas from?

[00:00:40.500] - Jeff

So if you're not getting ideas, you need to slow down. You need to go for a walk, you need to workout, take a shower, step away from the technology, leave your phone for a minute and just move because ideas will come.

[00:00:55.200] - Jeff

So it's about capturing ideas. And for that, I use what I call the three bucket system, three bucket system. You can Google it. I did a thing with Evernote on it a while back. Very simple productivity system for writing. I'm not real into systems and formulas, but this is a thing that I found. I was just sort of doing. So I kind of codified it, called it the three bucket system. So basically content creation writing is three things, not one things.

[00:01:21.120] - Jeff

And when you're struggling with writer's block, it's because you're trying to do all three things at once. So it's coming up with ideas. It's drafting those ideas into something readable and then it's editing it into something publishable. Right. So it's ideation coming up with an idea, writing and then editing. So it's good, right? Yeah. So most people go, they sit down. They're all right.

[00:01:45.210] - Jeff

I saw this thing on a Blogger Breakthrough Summit. I'm going to do this thing now and I sit down at six a.m. and they go, idea, idea, idea. I don't know. And this idea and they start I spent 20 minutes doing that and then they write. I feel bad about it's not very good and you know type, type, type, delete type type type delete.

[00:02:01.810] - Jeff

Typically it's a lot of pressure. Right, for it's like here's a canvas fill this canvas is something beautiful and sell it by noon. And so I use what I call the three bucket system, which means I'm always capturing ideas. So I just wrote an idea down. So that's my rule. My first rule is you get an idea, you write it down. It doesn't matter where you are, right. You're at your kid's recital, you're at church or synagogue or whatever.

[00:02:28.210] - Jeff

You you write it down and then you go back to being present for that family dinner or something. And I get an idea. Go hang on one second type, type, type. Just a word or a sentence, not five hundred words, I capture the idea. Then I have a meeting with myself every morning to write for about an hour or two. And then I take one of those ideas out of my idea bucket and I put it into my drafts bucket. I write five hundred words on it, then I stop at about five hundred words.

[00:02:53.850] - Jeff

I save it and I put it into another bucket. Then I use just a tagging system on Bear that allows you to very easily go, OK, this is in drafts now. It's you know, this is idea bucket now it's in drafts, etc. and then I will take something out of my drafts bucket that I wrote a previous day could be yesterday or

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two weeks ago or two months ago. And I edit that and get that ready to publish.

[00:03:16.560] - Jeff

And sometimes I'll do this. I'll come up with an idea on Monday. Right. And then Tuesday I'll draft it, and Wednesday out of it. But meanwhile, I'm doing I'm doing other things. And so the system is not about writing something, editing and getting it ready to publish. It's about always having ideas and capturing those ideas. I've got a bucket full of ideas.

[00:03:37.140] - Jeff

It's about taking those ideas one, one at a time and drafting them into something. So I've got a bucket of drafts and then it's editing those and getting them ready to publish. So I have a bucket of edits.

[00:03:49.200] - Jeff

And so at any time, I sit down, I've got something to work on and my job writing every day is not about coming up with some staggering work of genius. It's just about moving something from one bucket to the next. So as long as I'm capturing ideas, I've got ideas in my idea bucket. As long as I'm moving one idea to the draft bucket, one draft to the edit bucket, I'm doing my job.

[00:04:10.650] - Liz

Yeah, and I like the idea of the buckets because if you've got multiple things in each bucket, then you don't have to worry about being consistent. You're going to manage it.

[00:04:20.100] - Jeff

You never have to worry. If you do this, it'll take three days. You'll never have to worry about what to write again. Day one, get a bunch of ideas. Stop. Day two. You've got ideas. So now you you you draft some things and I've got two buckets. Right. You've got a couple of ideas in your idea bucket and now you've got something in your draft bucket. You stop. That's day two. Day three, you're still getting ideas and I get more ideas in idea bucket.

[00:04:45.540] - Jeff

You take your draft and you edit it and then you go back and you take one of your ideas and you draft it again. Now you've got something in all three buckets and now the game is just to keep buckets full.

[00:04:55.800]

Yeah, OK, so just to recap, the three bucket system has a bucket for ideas one for drafts and one for editing, and I hope this helps you with your content creation. I know it helps me be sure to join me next week when I'll be sharing a snippet from Emma Lee Bates, 20 20 Blogger Breakthrough Summit session on how to write bullet points that convert I'll catch ya then have a great day.