

### Before Decluttering

Decluttering can be a tough and time-consuming job. Before you dive into the deep recesses of your closets, get prepared. You don't want to spend too much time preparing, or you'll never get started. But making a few decisions in advance can help make the process easier.

help make the process easier.  Why do you want to declutter? (less managing stuff, more peaceful home, etc.)
How will you declutter? Room by room or categories (all clothing, then all books)?
What will you do with garbage and recycling? Weekly pickup, special collection location, or rent a dumpster?
Where will you donate and how often? Any special guidelines? Can you schedule a pick-up in advance?

Where will you sell items? Ho donating unsold items.?	ow long will you wait before
Will you have a yard sale? W	hen?
When will you declutter? Get specific! Weekly, daily, monthly, or a combo.	Schedule and set reminders for decluttering times and days to donate.
Top 3 areas: highest priority.	Remaining areas by priority.
1.	4.
	5.
2.	6.
	7.
3.	8.
	9.

# Decluttering Goals

Main Decluttering Goal:				
Break Goa	I Down into	Manageab	le Tasks:	

## Decluttering Planner

Area	Est. Time	When	To-Do

# Monthly Planner

Month:			S	М	Т	W	Т	F	S
Area/Catego	ory:								
Days per	Start time:	End time:							
week:	Start time.	Liid tiirie.							
Notes:									
Month:			S	М	Т	W	Т	F	S
Area/Catego	ory:								
Days por	Start time:	End time:							
Days per week:	Start time.	Liid tiirie.							
Notes:									
Month:			S	М	Т	W	Т	F	S
Area/Catego	ory:								
	C	F 14							
Days per week:	Start time:	End time:							
Notes:									

## Weekly Planner

		Week of:	//
Monday	Tuesday	Wednesday	Thursday
Friday	Saturday	Sunday	Trash picked up for the week:
			Items taken to
			donation center:
			Listed items to
			be sold:

# Daily Planner

Today's Date:/	Area of Focus:
Decluttering Tasks	Top Decluttering Goal
	Daily Tasks
	☐ Sort Mail
Items to Donate	☐ Put away bags, purses & coats
	☐ Clean counter clutter & clean sinks
	☐ Do dishes & plan next day's dinner
	☐ Put away laundry
Itama ta Call	Return items to proper location
Items to Sell	☐ Make bed
	Notes
Trash removed	

### Room Planner

Room to Organize: _	
Top Decluttering Tasks	Tools to Help With Organization
0	- Organization
0	0
0	0
0	0
0	
0	_ <u> </u>
Items to Donate or Sell	Deep Cleaning Tasks
0	0
0	0
	O O
	O O O
	0
	0
O O O	O O O
O O O	O O O
O O O	O O O

### 30 Day Declutter Challenge

Day	Area/Room/Focus	Do ne	Day	Area/Room/Focus	Do ne
1	Clean out one junk drawer.		16	Organize & declutter cleaning supplies.	
2	Organize pantry.		17	Organize & clear off nightstands.	
3	Clean spice cabinet/throw out old spices.		18	Declutter bedroom 1.	
4	Clean out refrigerator.		19	Declutter bedroom 2.	
5	Clean out freezer		20	Declutter bedroom 3.	
6	Organize two kitchen drawers.		21	Declutter bedroom 4 and/or office.	
7	Organize two kitchen cabinets.		22	Clean out toys and/or craft supplies.	
8	Clean out medicine cabinet.		23	Organize/declutter media & books.	
9	Clean out purse and wallet.		24	Organize two more kitchen cabinets.	
10	Clean out makeup bag & drawer		25	Organize two more kitchen drawers.	
11	Clean out cars.		26	Clean out kid clothes & donate.	
12	Declutter bathroom 1.		27	Clean out adult clothes & donate.	
13	Declutter bathroom 2.		28	Organize shoes & donate.	
14	Declutter bathroom 3 and/or laundry room.		29	Process & organize old mail & papers.	
15	Organize linen closet.		30	Drop off donations!	

#### 30 Day DIY Declutter Challenge

Day	Area/Room/Focus	Do ne	Day	Area/Room/Focus	Do ne
1			16		
2			17		
3			18		
4			19		
5			20		
6			21		
7			22		
8			23		
9			24		
10			25		
11			26		
12			27		
13			28		
14			29		
15			30		

#### Notes

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