

#3 LIFE IS A TEST

EDUCATOR

Description

Uncover the profound connection between test preparation and life's trials. Students frequently inquire about the practicality of classroom tests in real-life scenarios. As educators, how do you confront life's tests while adapting to unexpected twists? Embrace resilience and adaptability, as the strategies refined in the classroom reflect the skills crucial for overcoming life's challenges with confidence and poise.



Executive Function Skills

Focused Attention Planning & Prioritization
Self Motivation Stress Management

Educator Topics: Work Tests | Life Tests | Types of Battlefields | Battle Strategies | Anxiety, Amy-G & CEO | Battle Guru Top 10 | Resilience & Bouncing Back | Battle Empowered Classroom

Format

- A digital and printable portfolio for each educator to individualize, organize and capture their learning to face their own unique tests of life.
- Guided, self-paced professional development to support you in facing life's challenges.
- Printable posters for your classroom or office to keep reminders close by.
- "Explore More" Teacher Resource Sections to complement and extend both personal and professional growth.
- Provides an immediate access point for all student teaching videos and toolkits.

Time: 2 Hours

Earn another Executive Function Coach badge and "Life is a Test" Certificate of Completion, complete with documented hours to add to your professional portfolio.

STUDENT

Description

Join students as they hone purposeful test-taking skills, inspired by the strategic wisdom of Sun Tzu. Through this approach, they discover parallels between preparing for battle and facing life's tests, both in and out of the classroom. Embracing this perspective, students not only excel academically but also develop resilience and strategic thinking, essential for navigating life's challenges with confidence.



Executive Function Skills

Focused Attention Impulse Control
Working Memory Flexible Thinking

Student Topics: Academic Tests | Life Tests | Lack of Test Prep Syndrome | Anxiety, Amy-G & CEO | Battle Guru Top 10 | Types of Battlefields | Preparing for All Battles | Battlefield Mindset

Format

- A digital and printable student portfolio for each learner to customize, organize and capture their unique Power Up Memory Skills into their toolkit.
- Professionally recorded teaching videos for each topic featuring Samantha Woods, Kaizen's founder.
- Engaging, creative, interactive and practical brain warm-ups and learning activities.
- Printable posters and visuals, including the Tower of Learning, to keep learning in sight and in mind.
- Short quizzes that check for understanding while providing clear explanations of the correct answers.
- Oodles of proven brain tools and strategies for your students to immediately power up their memories and study skills.
- Extension opportunities to keep the executive brain function learning going!

Time: 3 Hours

Earn another Brain Hub Academy badge and "Life is a Test" Certificate of Completion.