

My

Cleaning

Planner





Thank you for your support at ***herChristianhome.com!***
I'm thrilled to have an opportunity to create ebooks, reports and printables that might be a blessing and a help to my readers.

Although I do not allow "reselling" and sharing of my products online or offline (unless stated otherwise), you MAY use my content for your personal use and for your Christian ministries such as Sunday school classes and ladies speaking events, etc.

Spring Cleaning Checklist

30 days to a Cleaner Home

Whole House

	Windows & screens
	Ceilings (include vents & fans)
	Walls
	Baseboards
	Curtains & drapes
	Windows blinds
	Dusting
	Clean upholstery
	Sweep
	Vacuum/ shampoo carpets
	Wash / mop floors
	Wash garbage cans
	Electronic screens
	Doors (including jams & knobs)
	Polish furniture
	Light fixtures + switches
	Donate any items that are no longer needed / used
	Wash sofa cushions, pillow cases and blankets
	Vacuum under couch cushions
	Wash table cloth & runners
	Shake out area rugs
	Check smoke detectors

Furry Friends

	Clean & sanitize pet toys
	Wash pet food & water dishes
	Wash & sanitize litter box
	Wash pet bedding & blankets

Kitchen

	Cabinets (clean + organize)
	Oven & stove top
	Small kitchen appliances
	Refrigerator & freezer (inside & out)
	Countertops & sink + faucet
	Pots, pans & bakeware
	Disposals & drains
	Organize pantry
	Clean all glass

Bathrooms

	Countertops & sink + faucet
	Toilet & drains
	Shower / bathtub
	Shower curtain
	Cabinets (clean + organize)
	Clean mirror & glass
	Properly dispose of old medicines
	Shake out / wash bath mats
	Misc Rooms
	Front & back door
	Clean door mats
	Entryway / mudroom
	Deck / driveway / porch
	Laundry room
	Washing machine & dryer
	Linen closet
	Coat closet
	Clean up & organize office / desk

Bedrooms

	Vacuum / clean mattress
	Wash bedding
	Wash pillows
	Clean, sanitize & organize toys
	Clean & organize closets
	Organize & polish dressers
	Organize & polish nightstands
	Organize & clean up desk

Misc Tasks

	Organize pictures into albums
	Organize files on computer
	Throw away old mail / receipts / expired coupons / etc
	Take out trash
	Place new air fresheners around the house

Additional Items

[illegible]

This Week *Planner*

Priorities in order

FOCUS	

TOP - THREE	

TO - DO	

ETC	

<i>Sunday</i>
<i>Monday</i>
<i>Tuesday</i>
<i>Wednesday</i>
<i>Thursday</i>
<i>Friday</i>
<i>Saturday</i>

Daily Cleaning Tracker

Everyday a Little Cleaner

BATHROOMS	M	T	W	T	F	S
▪ Clean and sanitize sinks						
▪ Clean/sanitize tub, shower, and toilet						
▪ Wipe down cabinets/hardware						
▪ Clean and polish mirrors and doors						
▪ Dust knick knacks and shelf's						
▪ Stock paper/soap/hygiene products						
▪ Stock clean towels						
▪ Clean and sanitize garbage can						
▪ Sweep and clean floors						
▪						
▪						
BEDROOMS	M	T	W	T	F	S
▪ Dust furniture, curtains and knick knacks						
▪ Change sheets						
▪ Clean floors (sweep/vacuum)						
▪						
▪						
LAUNDRY ROOM	M	T	W	T	F	S
▪ Clean washer/dryer/lint						
▪ Clean off and dust fixtures/empty trash						
▪ Replenish laundry products						
▪ Sweep and clean floors						
▪						
▪						
LIVING ROOMS	M	T	W	T	F	S
▪ Clean table off						
▪ Dust/clean fixtures/furniture						
▪ Wipe down and polish furniture						
▪ Sweep and clean floors						
▪						

Daily Cleaning *Tracker*

Everyday a Little Cleaner

KITCHEN	M	T	W	T	F	S
<ul style="list-style-type: none">▪ Clean counter tops▪ Clean microwave inside/outside▪ Wipe down cabinets/hardware▪ Polish stainless steel appliances▪ Clean refrigerator inside▪ Wipe down vent hood and filter▪ Clean and sanitize sink and disposed▪ Clean and sanitize garbage can/recycle bin▪ Sweep and clean floors						
PANTRY	M	T	W	T	F	S
<ul style="list-style-type: none">▪ Check freezers and temperature▪ Wipe freezer and shelves down▪ Rotate canning jars and check seals▪						
DINING ROOM	M	T	W	T	F	S
<ul style="list-style-type: none">▪ Dust knick knacks/photos▪ Clean table off▪ Wipe down and polish furniture▪ Sweep and clean floors						
OFFICE	M	T	W	T	F	S
<ul style="list-style-type: none">▪ Dust knick knacks/photos▪ Clean desk off▪ Wipe down and polish furniture▪ Sweep and clean floors						

House Cleaning Checklist

Living Room	M	T	W	T	F	S
o Dust all hard surfaces/shelves/blinds						
o Vacuum carpets/area rugs						
o Sweep/mop hard floors						
o vacuum upholstered furniture						
o Polish wood						
o Clean windows/window treatments						
o						
o						
Office	M	T	W	T	F	S
o Dust office surfaces/equipment						
o File or toss loose mail/paperwork						
o Sweep/mop hard floors						
o Clean windows/window treatments						
o Vacuum carpets/area rugs						
o						
Stairs/Entry/Hallways	M	T	W	T	F	S
o Vacuum carpets/area rugs						
o Sweep/mop hard floors						
o Dust cobwebs; ceiling/baseboard						
o Clean windows/window treatments						
o						
Laundry/Utility Room	M	T	W	T	F	S
o Clean washer and dryer exteriors						
o Clean inside rim of washer						
o Change/clean lint traps						
o Dust light fixtures and bulbs						
o Empty wastebasket						
o Sweep and mop floor						
o Clean laundry sink and fixtures						
o Clean laundry counter/hamper						
o						

House Cleaning *Checklist*

Kitchen	M	T	W	T	F	S
o Clean counter tops						
o Clean microwave inside/outside						
o Wipe down cabinets/hardware						
o Polish stainless steel appliances						
o Clean refrigerator inside						
o Clean range vent/filter						
o Clean and sanitize sinks						
o Sweep and wash floors						
o						
Dining Room	M	T	W	T	F	S
o Clean windows/window treatments						
o Clean/polish table and chairs						
o Sweep/mop hard floors						
o vacuum carpets/area rugs						
o						
Bathrooms	M	T	W	T	F	S
o Clean/sanitize sinks						
o Clean/sanitize tubs, shower, toilet						
o Clean mirrors and glass						
o Clean and polish fixtures						
o Dust light fixtures and bulbs						
o Wash floors						
o						
o						
Bedrooms	M	T	W	T	F	S
o Change sheets						
o Dust furniture/shelves						
o Vacuum floor						
o Wash windows						
o Empty waste baskets						
o Dust light fixtures						
o Put away clean laundry						
o Dust/mop baseboards						
o						

Speed Cleaning *Checklist*

before you start, make sure you have...

☐ your bed made
☐ music

☐ you're dressed
☐ timer

☐ a laundry basket
☐ cleaners

get to work:

- Using a timer, aim to spend only TEN minutes on each task
- When the timer goes off, move on whether you're done or not
- you'll come back to finish the step you didn't get done earlier

KITCHEN

Empty + load dishwasher
Clean sink
Wipe counters
Wipe down all appliances
(outsides only)

LIVING ROOM

Toss items that don't belong
in LR into laundry basket
Put trash in trash bag
Straighten furniture
Wipe/dust all hard surfaces

BATHROOM

Wipe down sink
Wipe down mirrors
Pick up dirty clothes
Wipe down toilet
Spray air freshener

take a break - then repeat

- Set your timer again for TEN minutes, grab a snack and take a seat
- When the timer goes off, it's time to get back into work mode
- Repeat the above steps, picking up where you left off
- Repeat until you are happy with the results
- (this may be in 1 ten min rotation, or take 2-3 rotations)

AND IF THERE'S TIME

- wipe out inside of microwave
- hang clean towels in the bathroom
- put the items you've placed in the laundry basket away
- take the trash outside
- sweep and mop the floors

Room by Room De-Cluttering Checklist

for lightening your load

Bedroom

	Orphaned socks
	Ill-fitting clothing
	Uncomfortable bras
	Least favourite pair of shoes
	Clothing not worn in a year
	Clothing not mended yet
	Excess coat hangers
	Damaged clothing
	Promotional clothing
	Scratched eyewear
	Worn out shoes
	Unnecessary duplicates
	Yellowed t-shirts
	Excessive accessories
	Orphaned earrings
	Broken jewellery
	Stuffed animals

Living Room

	Unwatched DVDs
	Excessive knick knock
	Books you won't read again
	Junk mail
	Newspapers
	Old magazines
	Used up candles
	Dried up fragrance diffusers
	Dead or ugly houseplants
	Games you don't play
	Wall art you don't like
	Toys your pets don't like
	Overgrown collections

Closets

	Excess linens/blankets
	Cardboard
	Old product boxes
	Broken storage tubs
	Product manuals
	Extra bolts and screws
	Unused seasonal decor
	Broken seasonal decor
	Overly-specific seasonal decor
	Mystery keys
	Expired batteries
	Textbooks
	Unplayed instruments
	Extra picture frames
	Doubles of photos
	Gag gifts

Bathroom

	Expired makeup
	Almost empty bottles
	Testers and samples
	Lipstick you hate
	Slivers of soap
	Old towels
	Dried up nail polish
	Bad smelling perfumes
	Lotions/soaps you dislike

Room by Room De-Cluttering *Checklist*

for lightening your load

Office

	Abandoned hobbies
	Uncompleted projects
	Scraps of wrapping paper
	Used tissue paper
	Dried up pens
	Promotional products
	Cords that you don't use
	Old electronics
	Greeting cards
	Business cards
	Old bills and receipts
	Rubber bands
	Paper weights
	Extra headphones
	Bookmarks
	Calculators

Garage

	Broken power tools
	Rusty hand tools
	Duplicate tools
	Unused sports equipment
	Empty paint cans
	Old or unused chemicals

Kitchen

	One-use kitchen gadgets
	Mismatched containers
	To – go containers
	Chipped dishes
	Extra cups
	Extra hand towels
	Specialty dishes you don't use
	Condiment packets
	Plastic cutlery
	Extra plastic shopping bags
	Old spices
	Expired anything
	Food you don't want to eat
	Extra reusable shopping bags
	Extra refrigerator magnets
	Takeout menus
	Unused cookbooks
	Duplicates of tools
	Poor cleaning products
	Old jars and vases

Clean House Flow Chart

DECLUTTER

- Gather all toys
- Strips linens
- Sort laundry
- Dishes to sink
- Consolidate papers
- Pick up trash
- Items to Donate/Sell pile
- Misc tidying

START LAUNDRY

BATHROOMS

- Spray down bath/shower, toilets and sink
- Wipe down all surfaces
- Clean mirrors
- Polish faucets
- Wipe down cabinets
- Sweep/mop kitchen & baths

Change Laundry.. Start New Load

KITCHEN

- Load/start dishwasher or wash dishes
- Clean out fridge
- Wipe down cabinets & knobs
- Wipe counters
- Wipes appliances
- Dust light fixtures

Change Laundry.. Fold & Put Away 1st Load

BEDROOMS

- Make beds
- Dust starting with highest surfaces
- Clean baseboards
- Vacuum/mop

Fold & Put Away 2nd Load of Laundry

LIVING AREAS

- Dust starting with highest surfaces
- Clean baseboards
- Vacuum/sweep/mop living areas and stairs
- Fluff cushions/pillows

LIVING AREAS

- Dust starting with highest surfaces
- Clean baseboards
- Vacuum/sweep/mop living areas and stairs
- Fluff cushions/pillows

Pat Yourself On the Back - You're a Cleaning Genius!

Home Cleaning Checklist

[illegible][illegible][illegible]

My Cleaning To-Do's



O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	
O		O	

Notes:

Home Cleaning *General*

Schedule annual maintenance for:

- ☐ Heating and air conditioning
- ☐ Fireplace and chimney
- ☐ Septic system
- ☐ Pest control

Using the proper attachments, vacuum each room from top to bottom:

- ☐ Ceiling fans
- ☐ Light fixtures
- ☐ Along top of wall where it meets the ceiling
- ☐ Crown molding
- ☐ All corners
- ☐ Curtains and blinds
- ☐ Window sills and frames
- ☐ Mirrors, pictures and wall hangings
- ☐ Lamp shades
- ☐ All furniture (don't forget to lift cushions and turn items around to clean the back)
- ☐ Baseboards
- ☐ Floor vents
- ☐ All floors, carpet and rugs
- ☐ Back over small items with a duster to pick up any remaining dust.

Home Cleaning *Room by Room*



Daily

M T W T F S S

Weekly

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Monthly

	J	F	M	A	M	J	J	A	S	O	N	D
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Annually

Date Completed

Daily

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

.....

Weekly Cleaning Routine *Happy Home*

DAILY – make beds – do dishes – straighten up

monday

BEDROOM DAY

- Change sheets
- Dust & polish furniture
- Clean mirrors
- Clean fan
- Sweep / vacuum floors
- Declutter 10 minutes
- LAUNDRY: sheets

tuesday

BATHROOM DAY

- Clean shower & toilet
- Clean sink, counter & faucet
- Clean mirror
- Sweep / mop floor
- Restock toiletries
- Change towels
- LAUNDRY: towels

wednesday

LIVING RM. DAY

- clear items that don't belong
- dust and polish
- straighten pillows & blankets
- sweep / vacuum
- empty trash
- LAUNDRY: darks

thursday

KITCHEN DAY

- clean out refrigerator
- clean counters
- clean table & chairs
- sweep and mop floors
- take out trash
- LAUNDRY: lights

friday

ALTERNATE

- week 1: all appliances
- week 2: kitchen cabinets
- week 3: windows & blinds
- week 4: walls & baseboards
- LAUNDRY: whites

saturday

OUTSIDE

- clean out car
- straighten up garage
- sweep off steps
- yard work
- LAUNDRY: catch up

Daily Cleaning *Schedule*

MORNING *chores*

- make bed
- unload dishwasher
- cleanup breakfast

AFTERNOON *chores*

- 15 min laundry
(gather, start load, fold load)
- daily chore (see list)

EVENING *chores*

- load dishwasher
- clean kitchen
(dishes, counters, floors)
- 10-min quick clean
- (everyone pick up before bedtime)

DAILY *chores*

MONDAY: bedrooms
(pickup, closets, blinds)

TUESDAY: clean bathrooms

WEDNESDAY: clean floors
(vacuum & mop)

THURSDAY: fridge & pantry

FRIDAY: clean surfaces,
declutter & dust

WEEKEND: wash sheets, plan
meals for the next
week, vacuum car

My Daily Cleaning *Schedule*

MORNING *chores*

- ☐ make bed
- ☐ unload dishwasher
- ☐ cleanup breakfast

AFTERNOON *chores*

- ☐ 15 min laundry
(gather, start load, fold load)
- ☐ daily chore (see list)

EVENING *chores*

- ☐ load dishwasher
- ☐ clean kitchen
(dishes, counters, floors)
- ☐ 10-min quick clean
(everyone pick up before bedtime)

DAILY *chores*

MONDAY:



TUESDAY:

WEDNESDAY:

THURSDAY:

FRIDAY:

WEEKEND:

Zone *Chores*

Clean the Following....

Zone 1: LIVING ROOM

- Pick up entire floor (all carpet)
- Pick up couch
- Pick up TV stand
- Pick up computer desk
- Pick up window sills

Zone 2: DOWNSTAIRS

- Pick up entryway
- Pick up guest bathroom floor & counter
- Pick up basement stairs (top & bottom too)
- Pick up porch & porch steps

Zone 3: UPSTAIRS

- Pick up stairs (top & bottom too)
- Pick up upstairs hallway
- Pick up kids' bathroom (floor & counter)

Moving In / Out *Checklist*

Clean the Following....

<i>Bathrooms</i>	<i>Kitchen</i>	<i>Garage</i>
<ul style="list-style-type: none">_ toilets_ tubs_ mirrors_ cabinets in & out_ shower_ sinks	<ul style="list-style-type: none">_ stove_ oven_ fridge_ pantry_ baseboards_ cupboards_ sink_ floor_ windows_ microwave_ drawers_ blinds	<ul style="list-style-type: none">_ floor_ cabinets_ cupboards_ attic_ opener_ lights_ fridge_ doors
<i>Bedrooms</i>	<i>Laundry room</i>	<i>Purge/Donate</i>
<ul style="list-style-type: none">_ baseboards_ window sills_ carpets_ closets_ windows_ blinds_ ceiling fans_ shelves_ cupboards	<ul style="list-style-type: none">_ shelves_ cupboards_ floor_ behind_ washer/dryer	<ul style="list-style-type: none">_ trash_ broken items_ dead foliage_ outgrown clothing_ unneeded furniture or holiday decor

Bedroom *Checklist*

- ☐ Dust lights and any ceiling fixtures, clean in warm, soapy water if needed
- ☐ Wipe and dust crown molding and corners
- ☐ Clean windows
- ☐ Clean window frames and trim
- ☐ Wipe and dust window blinds/shades
- ☐ Vacuum curtains and lampshades
- ☐ Wipe down doors
- ☐ Wipe and dust any art work on walls
- ☐ Dust and polish furniture
- ☐ Wipe and dust all lamps, clocks, etc.
- ☐ Clean mirrors and glass surfaces
- ☐ Disinfect door knobs and light switch plates
- ☐ Wipe & dust baseboards
- ☐ Remove scuff marks from doors and moldings
- ☐ Empty and clean wastebasket
- ☐ Vacuum mattress
- ☐ Rotate mattress
- ☐ Launder all bedding
- ☐ Shake & clean pillows
- ☐ Vacuum all floors and closets, including under furniture
- ☐ Steam clean or shampoo carpet

Living Room *Checklist*

- ☐ Dust lights and any ceiling fixtures, clean in warm, soapy water if needed
- ☐ Wipe and dust crown molding and corners
- ☐ Clean windows
- ☐ Clean window frames and trim
- ☐ Wipe and dust window blinds/shades
- ☐ Vacuum curtains and lampshades
- ☐ Wipe down doors
- ☐ Wipe and dust any art work on walls
- ☐ Dust and polish furniture
- ☐ Wipe and dust all lamps, clocks, TV's Remotes, ect.
- ☐ Clean mirrors and glass surfaces
- ☐ Disinfect door knobs and light switch plates
- ☐ Wipe & dust baseboards
- ☐ Remove scuff marks from doors and moldings
- ☐ Wipe down ceiling fan
- ☐ Shake & clean pillows
- ☐ Vacuum all floors and closets, including under furniture
- ☐ Steam clean or shampoo carpet
- ☐
- ☐

Kitchen Checklist

- ☐ Daily - Sinks & Drains cleaned/scrubbed
- ☐ Refrigerator spills / stains. Wipe drawers and shelves in refrigerator and freezer
- ☐ Stove / oven spills
- ☐ Counters wiped down & disinfected
- ☐ Floors - sweep / mop 1-2 times per week. More often with kids or pets.
- ☐ Dust shelves
- ☐ Wipe down doors & appliances
- ☐ Clean microwave
- ☐ Clean pan bottoms every 3 months.
- ☐ Pantry - monthly, check for outdated / leftover foods & condiments.
- ☐ Dust top of high surfaces including fridge, microwave/range hood, cabinets
- ☐ Disinfect door knobs and light switch plates
- ☐ Wipe & dust baseboards
- ☐ Remove scuff marks from doors and moldings
- ☐ Empty and clean wastebasket
- ☐ Wash dish rags and clean sponges
- ☐
- ☐
- ☐
- ☐
- ☐

Dining Room *Checklist*

- ☐ Dust china in china cabinet
- ☐ Launder and press table linens
- ☐ Dust and polish furniture
- ☐ Wash windows
- ☐ Floors - sweep / mop 1-2 times per week. More often with kids or pets.
- ☐ Clean or vacuum curtains
- ☐ Clean window sills
- ☐ Clean microwave
- ☐ Clean pan bottoms every 3 months.
- ☐ Pantry - monthly, check for outdated / leftover foods & condiments.
- ☐ Disinfect door knobs and light switch plates
- ☐ Wipe & dust baseboards
- ☐ Remove scuff marks from doors and moldings
- ☐ Clean light fixture
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Bathroom *Checklist*

- ☐ Throw out expired products (makeup / hair care / treatments, ect.)
- ☐ Wipe Walls
- ☐ Clean mirrors
- ☐ Clean Sink + counters
- ☐ Clean tub + shower
- ☐ Clean shower head (soak in vinegar water to remove hard water deposits)
- ☐ Clean toilet
- ☐ Disinfect door knobs and light switch plates
- ☐ Wipe & dust baseboards
- ☐ Remove scuff marks from doors and moldings
- ☐ Clean light fixture
- ☐ Sweep + mop
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Whole House Checklist

- ☐ Test and replace smoke alarm batteries
- ☐ Replace air filters
- ☐ Clean air vents/registers
- ☐ Disinfect door knobs and light switch plates (front door / back door / garage area)
- ☐ Wipe & dust baseboards
- ☐ Remove scuff marks from doors and moldings
- ☐ Clean light fixtures
- ☐ Sweep + mop