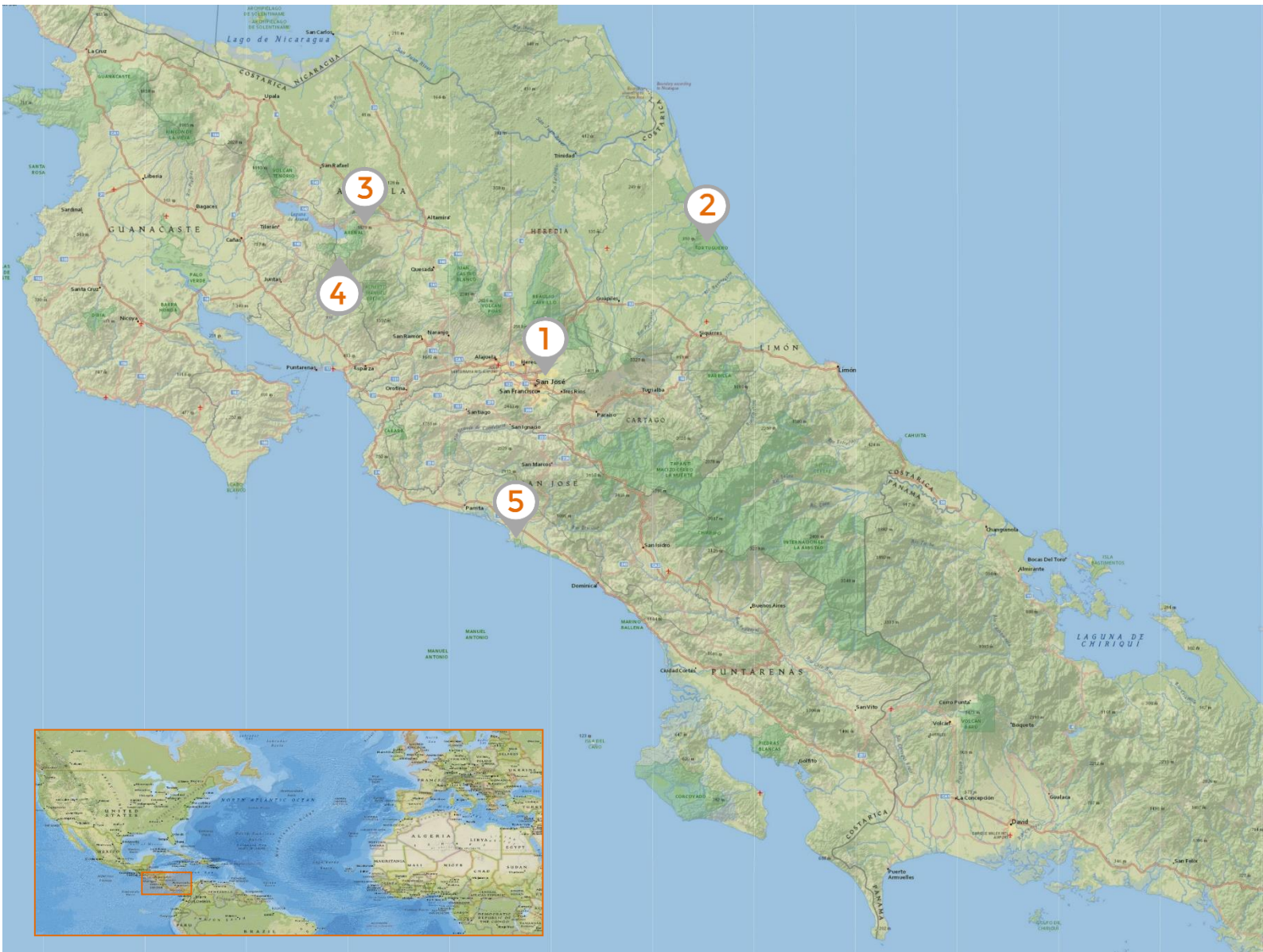




CLASSIC
COSTA RICA

Itinerary Summary



NO.	DATE	LOCATION	DETAILS	MEALS	HOTEL	NTS
1	Day 01	SAN JOSÉ	Arrive into San José and transfer to your hotel.	-	The Alta	1
2	Day 02	TORTUGUERO	Transfer to Tortuguero and your next hotel	BLD	Evergreen	2
	Day 03		Activities from your Eco Lodge	BLD		
3	Day 04	ARENAL	Transfer to Arenal and your next hotel	B	Lomas del Volcan	3
	Day 05		Volcano hike	B		
	Day 06		Day at leisure, activities can be booked locally	B		
4	Day 07	MONTEVERDE	Transfer to Monteverde & your next hotel	B	Cloud Forest Lodge	2
	Day 08		Canopy tour	B		
5	Day 09	MANUEL ANTONIO	Transfer to Manuel Antonio and your next hotel	B	Parador	4
	Day 10		Day at leisure, activities can be booked locally	B		
	Day 11		Day at leisure, activities can be booked locally	B		
	Day 12		Day at leisure, activities can be booked locally	B		
	Day 13	DEPART	Transfer to San José & meet your BA flight	B	-	-
	Day 14	UK	Arrive back into London Gatwick	-	-	-

Detailed Itinerary



01 Day LONDON GATWICK - SAN JOSÉ

Depart Gatwick South Terminal flying with British Airways.



BA2237 Economy Dep: Gatwick (S) 08:20

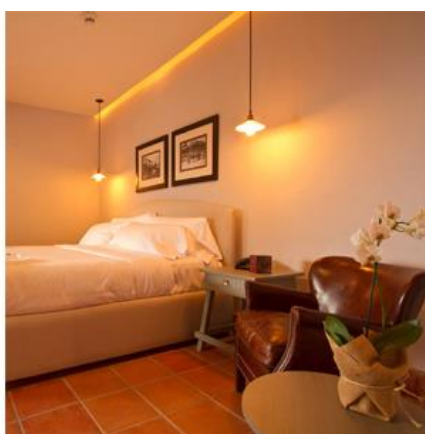
Arr: San José 14:00

Private transfer on arrival to your hotel.



Transfer duration: 25 minutes.

Hotel Alta las Palomas



1 x Deluxe Room on a Bed & Breakfast for 1-night

Set in the hills of Alta de las Palomas in the west part of San José, this lovely upscale hotel is just 10km from downtown San José. The Alta las Palomas has 23 rooms & suites which are beautifully styled with 1920's features and are furnished with artisan leather chairs. All rooms and grand suites include balconies with views over the lush tropical gardens. At the La Luz restaurant and bar you will be able to enjoy Mediterranean and Costa Rican specialties. Other facilities include an outdoor pool with whirlpool, a small gym with sauna, a library area and a rooftop terrace.



Situated in the Central Valley region of the country this cosmopolitan capital city is surrounded by the Talamasca Mountains to the south and volcanoes to the north. The historic centre defined by its Spanish colonial buildings, plazas, emerging art scene, museums and theatres which are waiting to be explored. Relax in the cafes and bars in between discovering markets and parks.



02 Day SAN JOSÉ - TORTUGUERO

This morning you will have an early collection from your hotel in San José.



Shared transfer by road and boat to your Tortuguero Lodge

Your drive this morning will take you through the spectacular Braulio Carrillo National Park, along the way admire the biodiversity and keep an eye out for wildlife. Stop for breakfast en-route where you will be treated to a typical Costa Rican breakfast. On arrival at Caño Blanco Pier you will take a boat through the canals until you reach your Lodge.



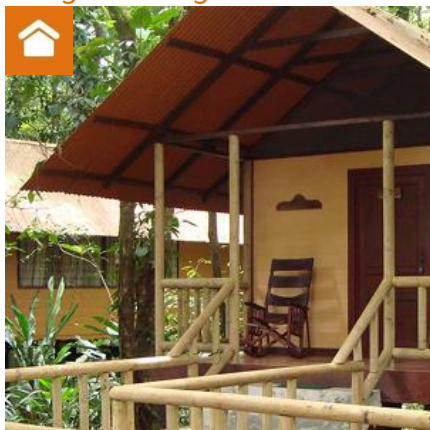
Boat transfer - luggage restrictions:

There is an official luggage limit of 12kg per person on the boat transfers. But as luggage is not weighed and the limit is not actually enforced, luggage up to 23kg is acceptable.



Transfer duration: 5 hours.

Evergreen Lodge



1 x Standard Room with Full Board & Shared Activities for 2-nights

Enjoying a fantastic location, only five minutes from the entrance to Tortuguero National Park this lovely rustic lodge is removed from the resort style atmosphere some similar properties portray. Its 55 spacious rooms are all nicely decorated, if a little basic, and provide everything you will need for a very comfortable stay. The lodge boasts a nice restaurant, a bar in front of the lagoon and a delightful turtle shaped pool. Other facilities include free WiFi in the reception area, tropical garden, hammocks to enjoy the jungle views and a Spa.

Upon arrival at the lodge you will have refreshing cocktail before having time to settle in. Lunch will then be served ahead of an afternoon excursion.



CONT ... SAN JOSÉ - TORTUGUERO



Shared excursion to Tortuguero Town and the Green Turtle Information Centre

Tortuguero is a unique, beautiful village with a rich culture. Because there are no cars, you will walk worry free. Sandy trails and raised cement walkways wander through the town. You'll see a lot of typical Caribbean architecture and artwork, as well as get a glimpse into the lives of the local people. The Green Turtle Information Centre is located at the far north end of the village. Here you will find a small museum where you can learn about the nesting cycle of the turtles and about the other wildlife that calls this National Park their home. The staff are friendly and helpful and will answer any questions you have.



03 Day TORTUGUERO



Enjoy breakfast at the Lodge.

Morning walking tour of the park

During the months of July to September Tortuguero is the primary nesting site for Green Turtles, giant leatherback, hawksbill and loggerhead turtles also nest here. However the turtles are not the only attraction to this stunning National Park, making it well worth a visit no matter what time of year.

Afternoon canal excursion

Today you will get to explore the park's freshwater creeks and lagoons, which will be navigated in small open boats, shelter spectacled caimans and river turtles. The surrounding dense rainforest is also rich with wildlife, from monkeys to many bird species.

Dinner will be served back at the Lodge.





04 Day TORTUGUERO - ARENAL

Breakfast at the Lodge.

Shared boat transfer to Caño Blanco pier where you disembark and take a road transfer to Guapiles and stop for lunch.

After lunch you will board a shuttle transfer to Arenal and your hotel.



Transfer duration: 5 hours.

Lomas del Volcan



1 x Standard Room on a Bed & Breakfast basis for 3-nights

Set in stunning lush tropical gardens close to Arenal Volcano National Park, the Lomas del Volcan is perfectly situated for exploring the local area. The 47 spacious wooden cabins boast terraces overlooking the gardens and each one has coffee making facilities, private bathroom, air-conditioning & free Wi-Fi. The on-site restaurant serves Costa Rican and international dishes. There is a mile and a half of private nature trails which you can explore and a bar for you to relax in after a day of exploration.



05 Day ARENAL



Shared half day hiking tour of Arenal Volcano

Although currently in a resting phase, Arenal remains Costa Rica's most active volcano for the past 43 years. Its history is charged with eruptions - both major and minor - that have intimately affected the region and the people who live here. This tour will allow you to enjoy the most extraordinary views of Arenal Volcano during a gentle hike along the lower slopes. The walk begins in one of the trails close to the volcano and continues through the forest until reaching the area destroyed in its first eruption, back in 1968.



06 Day ARENAL

Day at leisure, numerous activities can be booked locally.



Lomas del Volcan is strategically located in the heart of Costa Rica's prime eco-tourism area. In all of Costa Rica, La Fortuna is indeed a fortune-atte spot, from which you can explore rainforests, waterfalls, and of course volcanoes. Enjoy easy access to the Caño Negro Wildlife Reserve, Venado Caves, San Juan River and Monteverde Cloud Forest Reserve. La Fortuna offers activities such as birdwatching, hiking, mountain biking, fishing, sailboarding and river rafting, to name just a few. Alternatively if you wish to relax why not sample the thermal hot springs that the area is world famous for.





07 Day ARENAL - MONTEVERDE



Boat and road transfer to Monteverde, including a boat excursion on Lake Arenal

This half tour half transfer is a picturesque and fast way to go to Monteverde from the Arenal Volcano area. After a 30 minute ride to the dam, you will board a very comfortable and safe boat.

Arenal Lake is the largest and the most important artificial lake in Costa Rica. It was man made in 1974 to provide hydroelectric energy for the country. It is also a place where you can find different kinds of resident and migratory birds; sometimes mammals such as monkeys and sloths can also be seen. In addition, in a clear day, there are great views of the Arenal Volcano. After crossing the lake, (a 30 to 40 minute boat ride), you will arrive to Río Chiquita, a little town at the other side. Once at Río Chiquito, a bus will take you to your hotel in Monteverde.



Transfer details:

This shared transfer includes a shared scenic crossing of Lake Arenal. Shared shuttle transfers are operated in comfortable air-conditioned minibuses and will pick up and drop off passengers from a small number of hotels and lodges.



Transfer duration: 5 hours.

Monteverde Cloud Forest Lodge

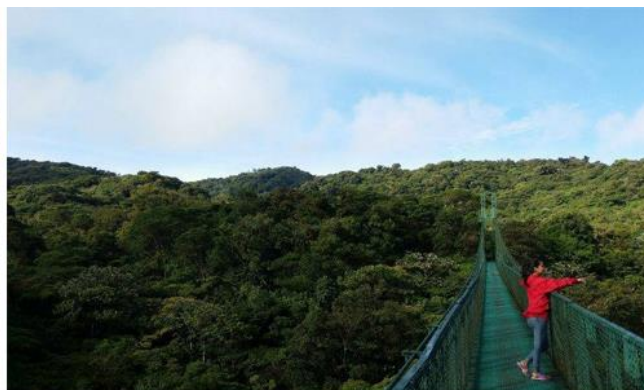


1 x Standard Room on a Bed & Breakfast basis for 2-nights

The Cloud Forest Lodge is located in the beautiful Santa Elena-Monteverde area at an altitude of 5,000ft above sea level. Thanks to its elevation, this area is particularly rich in biodiversity and has lush green forests where more than 180 different species of birds can be observed. This property rests on 70 acres of private reserve with four kilometres of private trails, ideal for hiking or bird watching. Monteverde Cloud Forest Lodge offers 20 rooms in 10 cozy bungalows, located on three acres of parkland and gardens. All rooms have private bathrooms, hot water and a patio where you can appreciate the beauty of your surroundings. The main building holds a bar, a restaurant, a television room and reading area and there is internet access.



08 Day MONTEVERDE



Shared half day canopy and walkway tour

This tour combines the thrill of adventure with a unique view point from the cloud forest canopy. The tour starts at the main dressing room where you will get ready before being taken to the instruction platform. The canopy tour covers a total of two miles of cable length and has 15 cables, 18 platforms and one Tarzan Swing.

After this thrilling experience, it's time for the treetop walkways tour. This tour consists of 1.9 miles of trails in which you will walk on eight bridges of various lengths, ranging between 170 and 560ft. Each bridge is five feet wide, with a capacity of up to 80 people per bridge. The treetop walkways can be enjoyed by people of all ages and physical conditions as most of the trails are flat and covered with special walking blocks for better traction. As you walk you will be able to appreciate a wide variety of flora and can also observe the biodiversity of the cloudforest.





Day 09 MONTEVERDE – MANUEL ANTONIO

Shuttle transfer to Manuel Antonio.



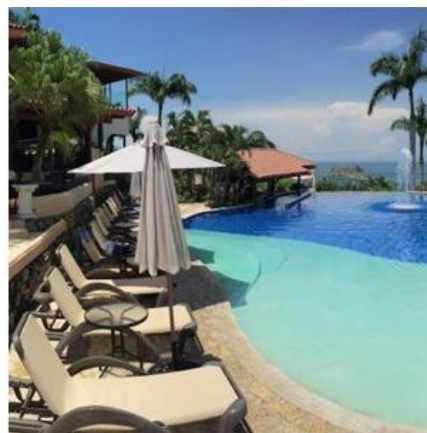
Transfer details:

The shared shuttle transfer is in a small air-conditioned minivan. The transfer will collect and drop off passengers to / from a small number of hotels.



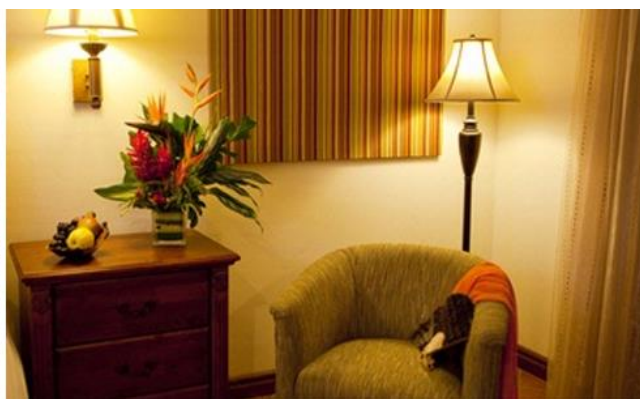
Transfer duration: 3 hours.

Parador Resort & Spa



1 x Tropical Room on a Bed & Breakfast basis for 4-nights

Located high above the Central Pacific coastline, this award-winning hotel is built on 12 acres of rainforest in beautiful Manuel Antonio, just minutes from some of Costa Rica's finest beaches. Surrounded by beautiful gardens and astonishing scenery, all 130 rooms and suites have balconies or terraces, with ocean or rainforest views. Facilities at the hotel include two infinity swimming pools with a swim up bar, an adult pool with cascading waterfall, tennis court, fitness centre, mini-golf and computer centre.



Conveniently located close to the resort's restaurants, Spa, gift shops and swimming pools, the **Tropical Rooms** are perched on the tier just below the Premium Building, with jungle or garden views. These spacious rooms have been newly refurbished and are a great choice for families or anyone wanting immediate access to the resort's many facilities.





Days 10 - 12

MANUEL ANTONIO

Days at leisure.



Explore the nature trails around the Parador's 12 acre estate. Walk through the lush gardens and mysterious jungle, where you are almost guaranteed to see some of the abundant wildlife, such as white-faced and titi-monkeys, sloths, iguanas and many bird species. The small beach is great for swimming from.

Manuel Antonio offers the extraordinary scenery and some of the most exotic and beautiful flora and fauna in the hemisphere. The Parador hotel offers a wide range of tours and activities to help you enjoy it all! From sedate nature walks to adrenaline-pumping adventures, their certified professional bilingual guides will ensure you have an unforgettable experience.



Manuel Antonio National Park:
Closed Mondays.



Day 13

MANUEL ANTONIO – SAN JOSÉ – OVERNIGHT FLIGHT

Private transfer to San José airport.



Transfer duration: 4 hours.

Check in for your return British Airways flight.



BA2236 Economy Dep: San José 18:30

Arr: Gatwick (S) 10:30 (Day 14)



Day 14

LONDON GATWICK

Arrive back into Gatwick South Terminal.

HOLIDAY COST

£2,495.00 per person

Suggested Itinerary

- This is an estimated price based on low season rates & air fares.
- The price may vary depending on exact dates.
- This is a suggested itinerary which we can amend to fit your exact requirements.

Includes

- International flights as listed.
- All pre-payable airport departure taxes.
- Hotel accommodation as listed.
- Transfers as listed (on a shared basis unless specified as private).
- Meals as listed.
- Excursions as listed (on a shared basis unless specified as private).

Excludes

- Local departure taxes where applicable.
- Tips and gratuities.
- Any future currency surcharges.
- Any future airline fare, tax or fuel surcharges.*

**In the event of airfare /tax increases you will have the option to pay for your airfare in advance to avoid these increases.*

Please Note

- The cost of this itinerary is based on 2 passengers sharing one room.
- All flights, accommodation and services are subject to availability at the time of booking.
- Air fares, taxes, schedules and routings are subject to change until ticket issue.
- All transfers are below 2 hours in duration unless otherwise stated.
- Half day tours are 5 hours or under in duration, full day tours are 6 hours or above.