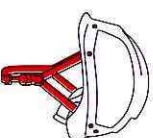
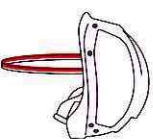


# uvex pheos alpine

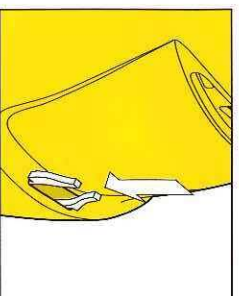
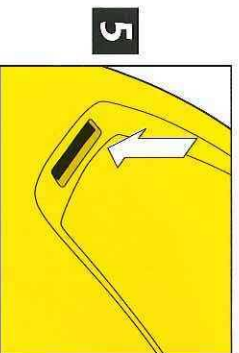
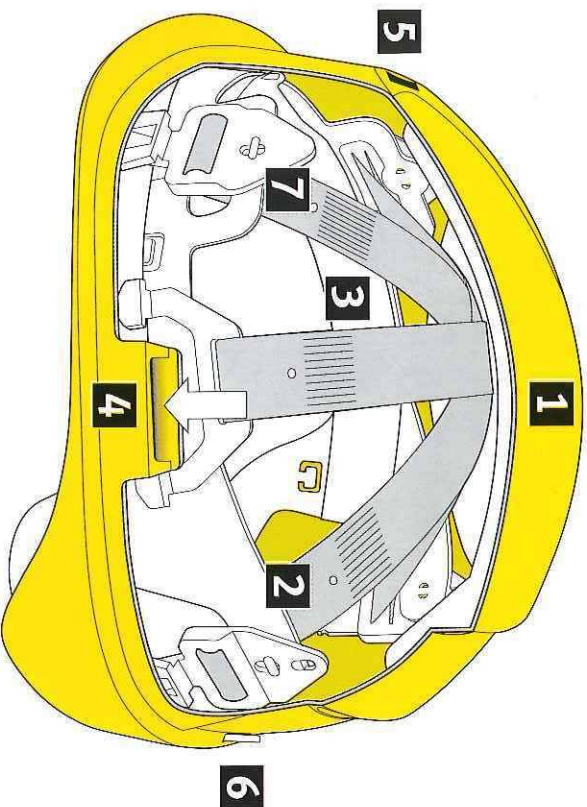
uvex.de



EN 12492



EN 397



**GB** Instruction manual for the safety helmet for mountaineers uvex pheos alpine

Thank you for the trust you have shown by choosing our high quality product. Please read the instruction manual thoroughly so that you can enjoy our product for a long time to come.

## uvex pheos alpine

- 1** Helmet shell
- 2** Height-adjustable 6-point textile suspension harness
- 3** Head strap
- 4** Adapter for ear and face protection
- 5** Head torch adaptor
- 6** Chinstrap clip adaptor
- 7** Attach anchors without openings to the front brackets

uvex safety helmets increase workplace safety. They protect the wearer from head injuries when danger arises through falling or oscillating objects. uvex assures, through the marking of the safety helmets in accordance with EN 397 and EN 12492, the standard as stipulated by Annex II of the EC Directive 89/686/EEC and the harmonized European standards for the import or the production of the aforementioned uvex safety helmet.

### You can find the following markings on the helmet:

1/00 = manufacture date, divided into quarter and production year  
 uvex = Manufacturer  
 51-61 cm = Head circumference with a thumb fastener, quick-release fastener  
 pheos alpine = Type designation  
 CE = CE mark  
 ABS = used material  
 EN 397 and EN 12492 = Number of the European standard Additional specifications:  
 Additional requirement:  
 -30° C = Stability at very low temperatures

**Safety/maintenance/inspection:** Changes to the helmet shell or using incorrect interior trim impair the safety functions of the uvex safety helmet. Check the helmet on a regular basis for noticeable damage and ensure that the link between interior trim and helmet shell is correctly connected. Safety helmets are definitely not allowed to be used after heavy blows or shocks have been absorbed as well as when defects have been detected.

**Storage:** Safety helmets are to be stored in dry places at room temperature, strong solar radiation should be avoided (e.g. do not store the safety helmet on the rear hat shelf of a car!).

**Cleaning:** All plastic parts can be cleaned using water and commercially available detergents.

**Disinfecting:** The entire helmet can be disinfected with a mild, commercially available disinfectant. In case of doubt, please contact uvex.

**Ageing/Expiry date:** Every material, if steel, aluminium, plastic, etc. is subject to an ageing process – also called signs of fatigue. Ageing is the degradation of mechanical properties, provoked by mechanical wear-and-tear, environmental impact such as air pollution, chemicals or heightened exposure to UV rays. It is recommended, according to the current technological stand, that one replaces thermoplastic helmets after 4-5 years (counting from the date of manufacture).

**Transport:** The uvex original packaging or a moisture-repelling packaging is to be used as the transport packaging. All uvex safety helmets have a type test certificate of a licensed test centre.

**Certified by:** INSPEC International Ltd. 56 Leslie Hough Way, Salford, Greater Manchester, M6 6AJ, UK. Notified body number 0194

uvex pheos alpine is a multifunctional helmet for working at heights. It meets the requirements of

- **EN 397** for industrial safety helmets and is also in accordance with
- **EN 12492** for climbing helmets.

To ensure that uvex pheos alpine provides the best protection for these different application areas, please observe the following instructions:

If you wish to wear the helmet for industrial protection, attach the chin strap as depicted in **Image 1** (delivery condition) using the chin strap holder at the back of the helmet on the inner shell.

With the correct setting for head circumference, the perfect helmet fit can be achieved. Adjust the neck strap by using the rotating size adjuster.

It is also possible to attach the included leather chin strap when wearing the helmet for industrial purposes. Both sides of the headband have clips for attaching the chin strap. To attach the chin strap, clip the eyelets into the corresponding T-shaped attachments of the headband (**Image 2**).

If you wish to wear the helmet for working at heights/helmet for mountaineers, remove the fixed chin strap from the chin strap holder according to the instructions in **Image 3**.

Then adjust the helmet to your head circumference using the rotating size adjuster at the back of the helmet (**Image 4**).

Then attach the chin strap and ensure that the back straps lie flat across the rotating size adjuster (**Image 5**).

Close the chin straps by ensuring that they are completely locked into the ratchet.

